



# Magnesium Ascorbate

**ANTIOXIDANT PROTECTION\***

**100% Pure Buffered  
Vitamin C Powder**

**Net Wt. 8 oz. (227 g)**

A Dietary Supplement  
Vegetarian/Vegan



**SUGGESTED USAGE:** As a dietary supplement, take 1/4 level teaspoon daily. Consider taking these other NOW® products: Citrus Bioflavonoid Caps, Pycnogenol® and Alpha Lipic Acid.

Vitamin C is a water soluble nutrient well known for its vital role in the immune system. Vitamin C is necessary for the production of collagen (a structural protein in connective tissue) and is therefore important for skin, bone, and joint health. Vitamin C is also needed for amino acid metabolism, hormone synthesis, and the utilization of many nutrients, such as folic acid and iron. It is also a highly effective antioxidant that can protect the body's cells and molecules from damage by free radicals generated during normal metabolism. This product supplies Magnesium Ascorbate, a buffered form of Vitamin C that is gentler on the stomach.\*

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Store in a cool, dry place after opening. Please Recycle.

Made in the USA



CODE 0756 V3

## Supplement Facts

Serving Size 1/4 Level Teaspoon (1 g)  
Servings Per Container about 227

|                                         | Amount<br>Per Serving | % Daily<br>Value |
|-----------------------------------------|-----------------------|------------------|
| Vitamin C<br>(from Magnesium Ascorbate) | 820 mg                | 1367%            |
| Magnesium<br>(from Magnesium Ascorbate) | 60 mg                 | 15%              |

Other ingredients: None.

Distributed by NOW FOODS

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For more product information visit [www.nowfoods.com/0756](http://www.nowfoods.com/0756)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.