

CODE 3046

V4



ACTUAL SIZE

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Many nutritionists and researchers refer to Alpha Lipoic Acid (ALA) as the "universal antioxidant" based on its fat/water solubility. This allows it to travel to virtually any cell in the body to quench cell damaging oxidation. In addition, ALA has been shown to increase the free radical fighting abilities of other vitamins and antioxidants, especially C and E. NOW® ALA 600 mg uses only the highest grade Alpha Lipoic Acid available, and delivers it in a high potency that has been proven safe in studies. To further support antioxidant activity, we've added 30 mg of Grape Seed Extract and 5 mg of Bioperine®, a potent compound that helps enhance the absorption of ALA.*

SUGGESTED USAGE: As a dietary supplement, take 1 Vcap® 1 to 2 times daily, preferably with meals. Consider taking this product in combination with NOW® Tri-Chromium™ and *Gymnema sylvestre*.



Alpha Lipoic Acid

UNIVERSAL ANTIOXIDANT*

600 mg - Highest Potency
With Grape Seed Extract
& Bioperine®
60 Vcaps®
 A Dietary Supplement
 Vegetarian Formula



Supplement Facts

Serving Size 1 Vcap®

	Amount Per Serving	% Daily Value
Alpha Lipoic Acid	600 mg	†
Grape Seed (<i>Vitis vinifera</i>)	30 mg	†
Standardized Extract (min. 90% Polyphenols)		
Bioperine®	5 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose, Silica and Magnesium Stearate (vegetable source).

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Made in the U.S.A. www.nowfoods.com

Bioperine® is a registered trademark of Sabinosa Corporation.

Vcaps® is a registered trademark of Capsugel. **Vegetarian/Vegan Product.**

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives. Store in a cool, dry place. Please Recycle.

Do Not Eat Freshness Packet. Keep in Bottle.