ONLY 1g FAT

Nutrition Facts

Serving Size: 3 heaping scoops (146g)
Servings Per Container: 31

Amount Per Serving

Calories 580	Calories from Fat 9
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 20mg	6%
Calcium 310mg	31%
Sodium 170mg	7%
Total Carbohydrates 80g	27%
Dietary Fiber 0g	0%
Sugars 2g	†
Protein 62g	124%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
† Daily Value not established.

CALORIES	2000	2500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Total Carbohydrates	300g	375g
Dietary Fiber	25g	30g
Cholesterol	Less than 300g	300g
Sodium	Less than 2,400mg	2,400mg
Potassium	Less than 3,500mg	3,500mg
Protein	50g	65g

Calories Per Gram: Fat 9 • Carbohydrates 4 • Protein 4

DIRECTIONS

As a dietary supplement, blend 3 heaping scoops (146g) of Iso•Gro 62™ with 18-22 ounces of water or milk. For superior results use 2 servings daily, 1 serving for breakfast and 1 serving post-workout. On non training days, use 1 serving for breakfast and 1 serving 1 hour before bedtime.

ALLERGY INFORMATION:

Contains Milk and Soy Lecithin.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.
Keep out of reach of children.
Sold by weight not by volume.
Store in cool, dry place.

Other Ingredients: 100% Low DE Maltodextrin Complex (Containing short, medium and long linear chains), Iso•Gro™ Isolate Blend (Cold Ultra Filtered Whey Protein Isolate, Hydrolyzed Protein Isolate and Micellar Casein) , Medium Chain Triglycerides (MCT's), Natural and Artificial Flavors, Acesulfame Potassium and Sucralose.

Manufactured in an
FDA Registered & GMP Certified facility.

ANSI® PRO-SERIES

ISO·GRO 62™

100% Isolate
Delicious Protein Shake

ONLY 2g SUGAR

LOADED WITH GLUTAMINE, BCAAs & MCTs

62g ISOLATE PROTEIN

Cookies & Cream
Natural and Artificial Flavors

NET WT. 10 LBS. (4540 g)

ONLY 2g SUGAR

The Most Delicious Isolate Protein Shake You'll Ever Try!

- PREMIUM WHEY PROTEIN ISOLATE
- LOADED WITH GLUTAMINE, BCAAs & MCTs
- ONLY 1g FAT
- ONLY 2g SUGAR
- 580 CLEAN CALORIES
- GLUTEN FREE

MADE IN THE U.S.A PRODUCT

BANNED SUBSTANCE FREE BSF

ANSI® PRO-SERIES

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