



Phyto Complete® is a leading edge, nutrient-rich superfood formula featuring whole food concentrates designed to optimize effectiveness. Its features include:

- Premium grade cracked flower pollen extracts.
- Broad-spectrum antioxidant support.
- A balanced combination of Chlorella, Dunaliella, and Spirulina algae, wheat grass, and barley grass.
- Herbal support for maintaining a healthy liver.
- Whole food concentrates: broccoli, carrot, cabbage, and tomato.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take 20 tablets daily with water or juice or as directed by your healthcare practitioner. **Formulated to Exclude:** Dairy products, nuts, tree nuts, fish, crustacean shellfish, colors, artificial flavors, and preservatives. See Allergen Statement.

CAUTION: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children. Contains less than 25 mg of caffeine per serving.



Phyto Complete®

Synergistic Phytonutrient Complex

Dietary Supplement
600 TABLETS

Supplement Facts

Serving Size: 20 Tablets
Amount Per Serving

	Amount Per Serving	% Daily Value
Calories	25	
Calories from Fat	5	
Total Fat	0.5 g	1%*
Total Carbohydrate	5 g	2%*
Dietary Fiber	1 g	4%*
Sugars	2 g	
Vitamin A	3500 IU	70%
Vitamin C (as beta-carotene ¹)	60 mg	100%
Vitamin E (as ascorbic acid)	12 IU	40%
Calcium (as d-alpha-tocopheryl succinate)	53 mg	5%
Phosphorus (as tricalcium phosphate)	25 mg	3%
Zinc (as zinc glycinate)	4 mg	26%
Sodium	40 mg	2%
Carrot Root Powder (Daucus carota)	1.15 g	
Tomato Fruit Powder (Lycopersicon esculentum)	1000 mg	
Leontodon (Soy)	700 mg	
Broccoli Aerial Powder (Brassica oleracea var. italica)	600 mg	
Tofu Powder (Soy)	400 mg	
Rice Starch	150 mg	
Schizandra Fruit Extract (Schizandra chinensis)	130 mg	
Plant Root Extract (cracked)	130 mg	
Whole Cabbage Aerial Powder (Brassica oleracea var. capitata)	100 mg	
Apple Pectin Fruit Powder (Malus pumila)	100 mg	
Hesperidin Complex (Citrus sinensis)	50 mg	
Green Tea Leaf Extract (Camellia sinensis)	50 mg	
Burley Grass Powder (wheat)	50 mg	
Wheat Grass Powder (wheat)	50 mg	
Cellulase Enzyme (Triticum aestivum)	25 mg	

Other Ingredients: Dextrose, microcrystalline cellulose, croscarmellose sodium, silica, cellulose coating, magnesium stearate, and salt. Contains: soy, wheat.

Distributed by: METAGENICS, INC.

Makers of Professional Quality Supplements
100 Ave. La Pata, San Clemente, CA 92673

www.metagenics.com

◊ This product is produced in a facility that produces products containing soy, wheat, egg, nuts, tree nuts, dairy, fish, and crustacean shellfish.

¹From natural mixed carotenoids.

Phyto Complete® is a trademark for a unique plant bark extract from French Maritime Pine (Pinus maritima) by Horphag Research, Ltd.

	Amount Per Serving	% Daily Value
Spirulina Whole Plant Powder (Spirulina platensis)	20 mg	
Chlorella Whole Plant Powder (Chlorella vulgaris)	20 mg	
Milk Thistle Seed Extract (Silybum marianum)	10 mg	
Eleuthero Root Extract (Eleutherococcus senticosus)	10 mg	
Astragalus Root Powder (Astragalus membranaceus)	8 mg	
Amylase Enzyme	8 mg	
Aloe Vera Leaf Powder (Aloe barbadensis)	5 mg	
Rose Hips Fruit Powder (Rosa canina)	5 mg	
Curcumin Rhizome Extract (Curcuma longa)	5 mg	
Ginger Root Extract (Zingiber officinale)	5 mg	
Red Beet Juice Root Powder (Beta vulgaris rubra)	5 mg	
Sunflower Seed Powder (Helianthus annuus)	5 mg	
Blueberry Fruit Extract (Vaccinium myrtillus)	4 mg	
Ginkgo Biloba Leaf Extract (Ginkgo biloba)	2.5 mg	
Grape Seed Extract (Vitis vinifera)	1.5 mg	
Turmeric Root Powder (Curcuma longa)	1 mg	
Ginger Root Powder (Zingiber officinale)	1 mg	
Pyrogenol SM (Pinus pinaster)	880 mcg	
Horseshoe Root Powder (Ammannia nodiflora)	168 mcg	
Cayenne Fruit Powder (Capsicum annuum)	200 mcg	

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established