

Directions: For adults, mix 2 mL (abt. 1/2 tsp) of extract in 2 fl. oz (60 mL) water one time daily preferably with a meal.

Beneficial for maintaining adrenal glands as well as providing energy, relieving stress, improving memory, and increasing concentration. *

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

WARNING: Not intended for use by pregnant or nursing women. If you have a medical condition or are taking medication, consult your doctor prior to use. Discontinue use and consult with your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN

PURE HERBS, LTD.™
Natural Herbal Extracts

Ashwagandha

Dietary Supplement

"No expense has been spared to provide the finest nature has to offer."

4 fl. oz. (120 mL)

SHAKE WELL BEFORE USE

Supplement Facts

Serving Size: 2 mL (abt. 1/2 tsp)
Servings Per Container: 60

Amount per serving		%DV
Ashwagandha (root)	1924 mg	†
(Withania sp.) Extract		

† Daily Value (DV) not established.

Other Ingredients: None
Herb: Solvent Ratio 1:8 (Distilled Water & Neutral Grain Spirits 28-38% ABV)

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