



Hydrilla Powder

**Pure, Nutrient Dense
Superfood**

A vegan source of
Vitamin B12, Calcium
and other essential
nutrients



Dietary Supplement

100g

Hydrilla Powder

Hydrilla verticillata is an aquatic plant that grows wild and abundantly in pristine waterways of various regions throughout Asia, Eastern Europe and the American wilderness. Hydrilla is arguably the most nutrient-dense food on earth. As such, it is one of the premier superfoods. Of particular interest to those who eat reduced quantities of animal foods or no animal foods at all, Hydrilla is a superb source of three nutrients often lacking in vegan diets – calcium, vitamin B-12 and iron. Hydrilla's high content of B-vitamins helps protect neurological tissues and support general metabolism. These nutrients help maintain cognition and attention span, and other neuronal functions, and are necessary for the delivery of oxygen to cells. Hydrilla is one of nature's premier sources of calcium – especially valuable for the maintenance of strong bones and healthy, resilient connective tissue. Hydrilla contains beta-carotene, providing antioxidant and environmental protection. Hydrilla may be consumed daily and is especially good in blender drinks.

Ingredients: Pure *Hydrilla verticillata* powder

Usage: Add 1 tsp. to 8 oz. warm/hot water or blend with other natural ingredients in a blender at high speed.

www.dragonherbs.com

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Manufactured for:

**Ron Teegarden's
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Los Angeles, CA 90036



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