

PRENATE ESSENTIAL®

Rx prenatal vitamin & DHA

Rx Only

DESCRIPTION: PRENATE ESSENTIAL [®] is a prescription prenatal/postnatal multivitamin/mineral/essential fatty acid softgel. Each softgel is green in color, opaque, and imprinted with "Prenate" on one side and blank on the other.

Amount per Serving:		% Daily Value La	% Daily Value (Pregnant & actating Women
Vitamin C (as ascorbic acid)	90 mg	150%	150%
VitaminD ₃ (as cholecalciferol)	220 IU	55%	55%
Vitamin E (as dl-alpha tocopheryl acetate)	10 IU	33%	33%
Vitamin B6 (as pyridoxine HCI)	26 mg	1300%	1040%
Folate (as ((6S)-N5-methyltetrahydrofolic acid calcium salt (molar equivalent to 600 mcg and folic acid, USP 400 mcg)	1 mg g of folic a	250% cid)	125%
Vitamin B ₁₂ (as cyanocobalamin)	13 mcg	217%	163%
Biotin	280 mcg	93%	93%
Calcium (as Formical® (calcium formate))	155 mg	16%	12%
Iron (as Sumalate® (ferrous asparto glycinate)	18 mg	100%	100%
lodine (as potassium iodide)	150 mcg	100%	100%
Magnesium (as magnesium oxide)	50 mg	13%	11%
Docosahexaenoic Acid (DHA)	300 mg	†	†
Eicosapentaenoic Acid (EPA)	40 mg	†	+

PRENATE ESSENTIAL ® contains fish oil and soy.

OTHER INGREDIENTS: Capsule gelatin (gelatin, sorbitol, glycerin, purified water, turmeric, and sodium copper chlorophyllin), soy lecithin, yellow beeswax and soybean oil.

INDICATIONS: PRENATE ESSENTIAL [®] is a multivitamin/multimineral fatty acid dietary supplement indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and nonlactating mothers.

PRENATE ESSENTIAL $^{\circledR}$ can also be beneficial in improving the nutritional status of women prior to conception

CONTRAINDICATIONS: PRENATE ESSENTIAL [®] is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

PRECAUTIONS: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where Vitamin B $_{12}$ is deficient. Folic acid in doses above 1.0 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.