

## Prenate DHA®

## **Rx Only Dietary Supplement**

**DESCRIPTION:** PRENATE DHA <sup>®</sup> is a prescription prenatal/postnatal multivitamin/mineral/essential fatty acid softgel. Each softgel is blue in color, opaque, and imprinted with "DHA" on one side and blank on the other.

Amount per Serving:		% Daily Value	% Daily Value for Pregnant & Lactating Womer
Vitamin C (as ascorbic acid)	90 mg	150%	150%
Vitamin D3 (as cholecalciferol)	400 IU	100%	100%
Vitamin E (as dl-alpha tocopherol acetate)	40 IU	133%	133%
Folate (as (6S)-N5-methyltetrahydrofolic acid calcium salt (equivalent to 600 mcg of foli acid, USP 400 mcg)	1 mg c acid) an	250% d folic	125%
Vitamin B6 (as pyridoxine HCI)	26 mg	1300%	1040%
Vitamin B12 (as cyanocobalamin)	25 mcg	417%	313%
Calcium (as Formical® (calcium formate))	155 mg	16%	12%
Iron (as Sumalate® (ferrous asparto glycinate))	18 mg	100%	100%
Magnesium (as magnesium oxide)	50 mg	13%	11%
Docosahexaenoic Acid (DHA)	300 mg	+	+

PRENATE DHA ® contains fish oil and soy.

**OTHER INGREDIENTS:** Gelatin capsule (FD&C Blue #1, FD&C Red #3, gelatin, glycerin, purified water, sorbitol and titanium dioxide), soybean oil, soy lecithin, and white beeswax.

**INDICATIONS:** PRENATE DHA <sup>®</sup> is a multivitamin/multimineral fatty acid dietary supplement indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and nonlactating mothers. PRENATE DHA <sup>®</sup> can also be beneficial in improving the nutritional status of women prior to conception.

**CONTRAINDICATIONS:** PRENATE DHA  $^{(R)}$  is contraindicated in patients with a known hypersensitivity to any of the ingredients.

**WARNING:** Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

**PRECAUTIONS:** Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where Vitamin B  $_{12}$  is deficient. Folic acid in doses above 1.0 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.