

Taron™-C DHA with Ascorbic Acid Precursors

## Supplement Facts

Serving Size: 1 Softgel Capsule Servings Per Container: 30

	Amount Per Serving	% DV for Pregnant and Lactating Women
Calories	5.0	†
Vitamin C* (Ascorbic Acid)	25 mg	21%
Thiamin (as Thiamin Mononitrate)	2 mg	143%
Riboflavin	3 mg	188%
Niacin (as Niacinamide Ascorbate)	1.8 mg NE	10%
Vitamin B <sub>6</sub> (as Pyridoxine HCI)	25 mg	1250%
Folate	1667 mcg DFE (1000 mcg Folic Acid)	278%
Vitamin B <sub>12</sub> (Cyanocobalamin)	12.5 mcg	446%
Biotin	300 mcg	857%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	71%
Iron (as Ferrous Fumarate and Polysaccharide Iron Complex)	35 mg	130%
Magnesium (as Magnesium Sulfate)	5 mg	1%
Zinc (as Zinc Sulfate)	10 mg	77%
Copper (as Cupric Sulfate)	2 mg	154%
Omega-3 Fatty Acids	200 mg	ļ j
DHA (Docosahexaenoic Acid)	156 mg	1
EPA (Eicosapentaenoic Acid)	39 mg	i i

<sup>†</sup> Daily Value (DV) not established.

**Other Ingredients:** Bovine Gelatin, Glycerin, Yellow Beeswax, Soy Lecithin, Purified Water, Orange Cream Flavor O.S, Sorbitol, Titanium Dioxide, Ethyl Vanillin, FD&C Blue #1.

## THIS PRODUCT CONTAINS SOY AND FISH (TUNA, MAY INCLUDE ANCHOVY AND/OR SARDINE).

Taron<sup>™</sup>-C DHA is a prescription multivitamin/mineral indicated to provide omega-3 fatty acid supplementation throughout pregnancy, during the postnatal period for both lactating and non-lactating mothers, and throughout the childbearing years. Taron<sup>™</sup>-C DHA may be useful in improving the nutritional status of women prior to conception.

## **CONTRAINDICATIONS**

Taron<sup>™</sup>-C DHA is contraindicated in patients with a known hypersensitivity to any of the ingredients including soy or fish products. All iron compounds are contraindicated in patients with hemochromatosis, hemosiderosis, or hemolytic anemias.

## WARNINGS

Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

WARNING:Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a

doctor or poison control center immediately.

<sup>\*</sup> Also containing Ascorbic Acid Precursors as (1) Acid Metabolites including niacinamide ascorbate, calcium ascorbate, magnesium ascorbate, potassium ascorbate and sodium ascorbate (2) Basic Amino Acids including lysine acetate; (3) Flavonoids including hesperidin; and (4) Glutathione