



Serenagen® is a classic herbal stress management formula used in traditional Chinese medicine to nourish and quiet the heart.*

♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take two tablets two to three times daily or as directed by your healthcare practitioner.

WARNING: Do not use if pregnant or nursing.

CAUTION: If taking medication consult your healthcare practitioner before use. Keep out of the reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

This product is **Gluten Free and Vegetarian**.

Formulated to Exclude: Wheat, gluten, corn protein, soy, animal or dairy products, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.



Metagenics®
Genetic Potential Through Nutrition

Serenagen®

Traditional
Heart Calming Formula♦

Herbal Supplement

60 TABLETS

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving

A 4:1 proprietary herbal extract blend of:	1000 mg*
Rehmannia Root (<i>Rehmannia glutinosa</i>), Schisandra Fruit (<i>Schisandra chinensis</i>), Jujube Fruit (<i>Ziziphus spinosa</i>), Dong Quai Root (<i>Angelica sinensis</i>), Chinese Asparagus Root (<i>Asparagus cochinchinensis</i>), Ophiopogon Root (<i>Ophiopogon japonicus</i>), Scrophularia Root (<i>Scrophularia ningpoensis</i>), Asian Ginseng Root (<i>Panax ginseng</i>), Chinese Salvia Root (<i>Salvia miltiorrhiza</i>), Poria Fungus (<i>Wolfiporia cocos</i>), Polygala Root (<i>Polygala tenuifolia</i>), Platycodon Root (<i>Platycodon grandiflorum</i>)	

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Developed and Manufactured by: **METAGENICS, INC.**

Makers of Professional Quality Supplements

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