

My Cup of Tee®



Wuyi Red Mushroom

Net Wt. 2 oz (57 g)

Code 1012

Dietary Supplement

Wuyi Red Mushroom

Very rare wild mushroom that only grows on Wuyi Mountain in Southern China, a subtropical paradise. It is a famous and precious blood tonic. It is extremely good for women for the first few days after their menstrual flow ends. Men may consume it as well of course.*

Flavor — Unique delicate complexity expressed as light earth, rich umami, and gentle sweet notes with impression of candy.

Directions: Add the amount of botanicals per a recipe, as desired, or as directed by a health practitioner. The proper way of extracting botanicals depends on parts used. Flowers, fruits and leaves can usually be *steeped* or *decocted* (boiling over fire) while stems, barks and roots typically require *decocting*.

In a *Desktop Botanical Garden™ Glass Tea & Elixir Maker*, add 1 part botanical(s) and 5-8 parts water, steep or decoct for 5-20 minutes. You can boil water directly in the *Elixir Maker*. Repeat this process for 2nd or 3rd extraction until all active constituents have been extracted.

Supplement Facts

Serving Size: 1 g
Servings Per Container: 57

Amt/Serv

Wild Wuyi Red Mushroom 1 g †
(*Russula lepida* Fr.)

† Daily value not established

Manufactured for:
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Manufactured in a facility
that processes tree nuts.

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.