

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Flavor — Cheerful light brew with a mild and crisp sweetness accented by the slightest roasted note



Produced from 100% buds versus leaves. When picked, the buds have not opened and are still covered with silky silvery-white "down." No machinery is ever used to pick our white tea buds. The buds are never stacked or turned to prevent breakage or falling of the silvery down coating which results in a sweet, smooth, and silky tea.*

Dietary Supplement

Net Wt. 0.8 oz (23 g)



White Tea

Ron Teeguarden's
Dragon Herbs

Directions: Add the amount of botanicals per a recipe, as desired, or as directed by a health practitioner. The proper way of extracting botanicals depends on parts used. Flowers, fruits and leaves can usually be steeped or decocted (boiling over fire) while stems, barks and roots typically require decocting.

In a *Desktop Botanical Garden™* *Glass Tea & Elixir Maker*, add 1 part botanical(s) and 5-8 parts water, steep or decoct for 5-20 minutes. You can boil water directly in the *Elixir Maker*. Repeat this process for 2nd or 3rd extraction until all active constituents have been extracted.

Supplement Facts

Serving Size: 1 g

Servings Per Container: 23

Amt/Serv

Organic White Tea 1 g †

† Daily value not established

Manufactured for:

Ron Teeguarden's

Dragon Herbs

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More *My Cup of Tee®* ideas and instructions on our website.

www.dragonherbs.com

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