

ONLY 1g SUGAR



AMAZING TASTE!



HI PROTEIN / LOW CARB

Nutrition Facts

Serving Size: 1 scoop (38g) Servings Per Container: appx.60

Amount Per Serving		
Calories 170		Calories from Fat 45
		% Daily Value
Total Fat	5g	8%
Saturated Fat	1g	5%
Cholesterol	45mg	15%
Sodium	70mg	3%
Potassium	170mg	5%
Total Carbohydrates	6g	2%
Dietary Fiber	0.5g	2%
Sugars	1g	
Protein	25g	50%
Vitamin A	1%	Vitamin C 0%
Calcium	11%	Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		CALORIES	2000	2500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Total Carbohydrates		30g	37g	
Dietary Fiber		25g	30g	
Cholesterol	Less than	300g	300g	
Sodium	Less than	2,400mg	2,400mg	
Potassium	Less than	3,500mg	3,500mg	
Protein		50g	65g	

Calories Per Gram:
Fat 9 • Carbohydrates 4 • Protein 4

Ingredients: FMS Protein Blend: (Cross-flow Full Spectrum Whey Protein Concentrate [Providing Di-Tri-Oligo and Polypeptides which are the short and long chains of amino acids], Ultra Pure Hydrolyzed Protein Isolate, Micellar Casein), Freeze-Dried Bananas, Natural and Artificial Flavors, Maltodextrin, Xanthan Gum, Medium Chain Triglycerides (MCT's), Acesulfame Potassium and Sucralose.

Store in a cool, dry place.

Manufactured in an FDA Registered & GMP Certified facility.

DIRECTIONS: Add one (1) rounded scoop to 10-14 fluid ounces of cold water, milk or beverage of choice. Increase or decrease the amount of liquid to tailor flavor and consistency to your desired preference.

The Ultimate Flurry Hi-Protein Powder is designed to be used anytime throughout the day including:

BEFORE AND AFTER EXERCISE: Makes an excellent pre and post workout shake by providing fast digesting protein for immediate muscle support plus containing the perfect blend of medium and slow digesting proteins for extended amino acid delivery and recovery.
NOTE: Best results when taken 30 minutes before and after exercise.

WITH MEALS: Use the Ultimate Flurry Hi-Protein Powder with your meals to increase desired protein quantity.

BETWEEN MEALS AND BEFORE BED: The Ultimate Flurry Hi-Protein Powders Sustained Release specialized protein blend FMS (Fast, Medium, Slow) keeps amino acid levels elevated between meals and throughout the night preventing the breakdown of muscle, so your body doesn't go into an undesirable catabolic state.*

ALLERGY INFORMATION: Contains Milk and Soy Lecithin. Produced in a facility that manufactures products containing peanuts.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



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Premium Quality
**HYDROLYZED
PROTEIN
ISOLATE**

**ultimate
Flurry™**
**Hi-Protein
Powder**
Banana Blast
Natural and Artificial Flavors



**INSTANT
MIXABILITY**

**5g
NET CARBS**

**5g
BCAA's**

**4g
GLUTAMINE**

25g

**SUSTAINED RELEASE
MUSCLE BUILDING PROTEIN***

**Flavored with
Real Crushed Banana Pieces**

NET WT. 5.0 LBS. (2270 g)

**GUARANTEED...
The Most Delicious
Protein Powder
You'll Ever Try!**

- Only 5g Net Carbs
- Great for Hi Protein / Low Carb Diets
- Contains The Right Optimum Ratio of Essential and Non-essential Amino Acids
- Loaded with Glutamine and BCAA's (Branched-chain amino acids)
- IGF-rich Whey Protein
- Supports Intracellular Nitrogen Retention Levels*
- MCT's for Fast Burning Muscle Energy*
- No Aspartame, No Trans Fat
- Gluten Free

