

Serenagen® is a classic herbal stress management formula used in traditional Chinese medicine to nourish and quiet the heart.♦

♦These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take two tablets two to three times daily or as directed by your healthcare practitioner.

WARNING: Do not use if pregnant or nursing.

CAUTION: If taking medication consult your healthcare practitioner before use. Keep out of the reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

This product is **Gluten Free and Vegetarian.**

Formulated to Exclude: Wheat, gluten, corn protein, soy, animal or dairy products, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.

 **Metagenics**

Genetic Potential Through Nutrition

Serenagen®

Traditional Heart Calming Formula♦

Herbal Supplement

180 TABLETS

Supplement

Facts

Serving Size 2 Tablets

Servings Per Container 90

	Amount Per Serving
A 4:1 proprietary herbal extract blend of:	1000 mg*
Rehmannia Root (<i>Rehmannia glutinosa</i>), Schisandra Fruit (<i>Schisandra chinensis</i>), Jujube Fruit (<i>Ziziphus spinosa</i>), Dong Quai Root (<i>Angelica sinensis</i>), Chinese Asparagus Root (<i>Asparagus cochinchinensis</i>), Ophiopogon Root (<i>Ophiopogon japonicus</i>), Scrophularia Root (<i>Scrophularia ningpoensis</i>), Asian Ginseng Root (<i>Panax ginseng</i>), Chinese Salvia Root (<i>Salvia miltiorrhiza</i>), Poria Fungus (<i>Wolfiporia cocos</i>), Polygala Root (<i>Polygala tenuifolia</i>), Platycodon Root (<i>Platycodon grandiflorum</i>)	

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (water, hypromellose, medium chain triglycerides, and hydroxypropylcellulose).

Manufactured by: Metagenics
Aliso Viejo, CA 92656 • 800 692 9400
www.metagenics.com