

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Flavor — Warm flavor bordering savory. Reminiscent of pickling spices (dill, fennel). Bright clarity at top of flavor profile

Snow Chrysanthemum grows in the remote Kulun mountain in Central Asia. Its flower buds are extremely beneficial for maintaining healthy blood pressure, blood sugar level, and blood lipid level. It is cleansing, cooling and protective. Ron Teeguarden uses it as part of his DBG elixir every day. Check out our Snow Chrysanthemum Ice Tea Lemonade recipe online.*



Dietary Supplement

Net Wt. 0.9 oz (26 g)



Ron Teeguarden's
Dragon Herbs

Snow Chrysanthemum

Directions: Add the amount of botanicals per a recipe, as desired, or as directed by a health practitioner. The proper way of extracting botanicals depends on parts used. Flowers, fruits and leaves can usually be *steeped* or *decocted* (boiling over fire) while stems, barks and roots typically require *decocting*.

In a *Desktop Botanical Garden™ Glass Tea & Elixir Maker*, add 1 part botanical(s) and 5-8 parts water, steep or decoct for 5-20 minutes. You can boil water directly in the *Elixir Maker*. Repeat this process for 2nd or 3rd extraction until all active constituents have been extracted.

Supplement Facts

Serving Size: 1 g
Servings Per Container: 26

	Amt/Serv
Dried Snow Chrysanthemum flower	1 g †

† Daily value not established

Manufactured for:

**Ron Teeguarden's
Dragon Herbs**
P.O. Box 361459
Los Angeles, CA 90036

More *My Cup of Tee®* ideas and instructions on our website.

www.dragonherbs.com
(888) 55 - TONIC
(888) 558-6642



V052121