

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Rose flower is an important and wonderful Shen tonic herb frequently consumed in Oriental cultures. It opens the heart and lifts one's mood. In other words, consistent drinking "beautifies the spirit". Rose petals have been used for centuries in the Far East to brew ethereal teas.*



Dietary Supplement

Net Wt. 1.4 oz (40 g)



Rose Flower

Ron Teeguarden's
Dragon Herbs

Directions: Add the amount of botanicals per a recipe, as desired, or as directed by a health practitioner. The proper way of extracting botanicals depends on parts used. Flowers, fruits and leaves can usually be *steeped* or *decocted* (boiling over fire) while stems, barks and roots typically require *decocting*.

In a *Desktop Botanical Garden™* *Glass Tea & Elixir Maker*, add 1 part botanical(s) and 5-8 parts water, steep or decoct for 5-20 minutes. You can boil water directly in the *Elixir Maker*. Repeat this process for 2nd or 3rd extraction until all active constituents have been extracted.

Supplement Facts

Serving Size: 1 g

Servings Per Container: 40

Amt/Serv

Dried Rose flower 1 g †

† Daily value not established

Manufactured for:

Ron Teeguarden's

Dragon Herbs

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More *My Cup of Tee®* ideas and instructions on our website.

www.dragonherbs.com

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