

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Flavor — Sweet delicate Earthy notes pass fleetingly over the tongue with a fluffy mouthfeel that lightly lingers

fermented black teas.*



This legendary tea was supposedly given to the people of China by Guan Yin. Tie, meaning iron, refers to its reddish brown color that resembles the color of iron. This uniquely fragrant Oolong tea is semi-fermented, between un-fermented white and green teas and the fully fermented black teas.*

Dietary Supplement

Net Wt. 2.3 oz (65 g)



King Tie Guan Yin Oolong Tea



Directions: Add the amount of botanicals per a recipe, as desired, or as directed by a health practitioner. The proper way of extracting botanicals depends on parts used. Flowers, fruits and leaves can usually be *steeped* or *decocted* (boiling over fire) while stems, barks and roots typically require *decocting*.

In a *Desktop Botanical Garden™ Glass Tea & Elixir Maker*, add 1 part botanical(s) and 5-8 parts water, steep or decoct for 5-20 minutes. You can boil water directly in the *Elixir Maker*. Repeat this process for 2nd or 3rd extraction until all active constituents have been extracted.

Supplement Facts

Serving Size: 1 g

Servings Per Container: 65

	Amt/Serv
Organic King Tie Guan Yin Oolong Tea	1 g †
† Daily value not established	

Manufactured for:

Ron Teeguarden's

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More *My Cup of Tee®* ideas and instructions on our website.

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