

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Flavor — Full bodied flavor of autumn foliage that is lightly sweet with roasted overtones and a dry finish

and detoxifying, our Organic Green Tea contains a very high content of antioxidants (catechins).*



Comes from the misty and mystical Wuyi Mountains of Fujian Province, China. Only the early spring harvest is used to ensure a

stronger WOOD elemental energy that is said

to benefit the Liver functions and creativity. Cooling (Yin)



Dietary Supplement

Net Wt. 1.6 oz (45 g)

Green Tea

Ron Teeguarden's
Dragon Herbs

Directions: Add the amount of botanicals per a recipe, as desired, or as directed by a health practitioner. The proper way of extracting botanicals depends on parts used. Flowers, fruits and leaves can usually be *steeped* or *decocted* (boiling over fire) while stems, barks and roots typically require *decocting*.

In a *Desktop Botanical Garden™* *Glass Tea & Elixir Maker*, add 1 part botanical(s) and 5-8 parts water, steep or decoct for 5-20 minutes. You can boil water directly in the *Elixir Maker*. Repeat this process for 2nd or 3rd extraction until all active constituents have been extracted.

Supplement Facts

Serving Size: 1 g

Servings Per Container: 45

Amt/Serv

Organic Green Tea 1 g †

† Daily value not established

Manufactured for:

Ron Teeguarden's

Dragon Herbs

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More *My Cup of Tee®* ideas and instructions on our website.

www.dragonherbs.com

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