

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Flavor — Sweet impressions of budding spring vegetables with a light and ephemeral roasted note that finishes crisp and clean

Dragon Well (Long Jing) is the most famous green tea from China, named after the famous Dragon Well landmark in the West Lake area of the Zhejiang, where the tea was first made.



Dragon Well tea leaves are flat, bright green and shiny. It produces a decoction that is clear with a bright green color. The taste is light and fragrant.*

Dietary Supplement

Net Wt. 1.3 oz (37 g)



Dragon Well Green Tea



Directions: Add the amount of botanicals per a recipe, as desired, or as directed by a health practitioner. The proper way of extracting botanicals depends on parts used. Flowers, fruits and leaves can usually be *steeped* or *decocted* (boiling over fire) while stems, barks and roots typically require *decocting*.

In a *Desktop Botanical Garden™* *Glass Tea & Elixir Maker*, add 1 part botanical(s) and 5-8 parts water, steep or decoct for 5-20 minutes. You can boil water directly in the *Elixir Maker*. Repeat this process for 2nd or 3rd extraction until all active constituents have been extracted.

Supplement Facts

Serving Size: 1 g

Servings Per Container: 37

Amt/Serv

Organic Green Tea 1 g †

† Daily value not established

Manufactured for:

Ron Teegarden's

Dragon Herbs

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More *My Cup of Tee®* ideas and instructions on our website.

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