



Cultured Cordyceps

Wild *Cordyceps sinensis* is one of the most precious and expensive herbs in the entire world. The best Cordyceps grows in the Himalayas at around 15,000 feet elevation, just below the snowline. It has been revered in Tibetan and Chinese herbalism as a life-enhancing superstar for centuries. Rare, potent and balanced, more precious than gold, Wild Cordyceps **tonifies both the Kidney and the Lungs and supports sexual functions, brain power, structural integrity, and immunity.** Cordyceps is a major **Lung tonic.** It can be used to strengthen respiratory power. It is a powerful **athletes' tonic** by improving athletic performance and muscle-building capability. Previously, the rare supply and prohibitively elevated price of wild Cordyceps make it difficult for most people to consume. Fortunately, a recent breakthrough in myciculture has made it possible to "culture" the mushroom in a wild-simulated environment and make it available to the world at a reasonable everyman's price.*

Directions: It may be eaten raw (several pieces a day) or add the amount of botanicals per a recipe (as desired or as directed by a health practitioner). In order to extract, steep or decoct (boiling over fire). It has a delicious and interesting mushroom flavor that makes it easy to consume regularly.

In a Desktop Botanical Garden™ Glass Tea & Elixir Maker, add 1 part botanical(s) and 5-8 parts water, steep or decoct for 5-20 minutes. You can boil water directly in the Elixir Maker. Repeat this process for 2nd or 3rd extraction until all active constituents have been extracted.

Supplement Facts

Serving Size: 1 strand (≈0.25 g)
Servings Per Container: 228

	Amt/Serv
Cultured Cordyceps	≈0.25 g †
fruiting body	

† Daily value not established

Manufactured for:
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Manufactured in a facility
that processes tree nuts.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.