

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Flavor — Warm, earthy bottom tone with bright highs akin to tarragon/sage



Chrysanthemum flowers have been used as an herbal tea since the dawn of civilization. It is delicious and has the effect of cooling down the body. So Chrysanthemum flower tea is often an herb of choice in the hot months of summer.*

Dietary Supplement

Net Wt. 1.0 oz (28 g)



Chrysanthemum Flower



Directions: Add the amount of botanicals per a recipe, as desired, or as directed by a health practitioner. The proper way of extracting botanicals depends on parts used. Flowers, fruits and leaves can usually be *steeped* or *decocted* (boiling over fire) while stems, barks and roots typically require *decocting*.

In a *Desktop Botanical Garden™* *Glass Tea & Elixir Maker*, add 1 part botanical(s) and 5-8 parts water, steep or decoct for 5-20 minutes. You can boil water directly in the *Elixir Maker*. Repeat this process for 2nd or 3rd extraction until all active constituents have been extracted.

Supplement Facts

Serving Size: 1 g

Servings Per Container: 28

	Amt/Serv
Dried Chrysanthemum flower	1 g †

† Daily value not established

Manufactured for:

Ron Teeguarden's

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