

DIRECTIONS: For best results, mix 1 level scoop with 8 ounces of cold water 3 times daily (e.g., morning, afternoon, and evening). To eliminate lumps, mix in a blender.

STORAGE: Keep tightly closed in a cool, dry place.

"These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease."

WARNING: Consult with a healthcare professional if pregnant, breast feeding, providing to a child, or if you have any other unique or special needs. Keep out of reach of children.

ALLERGY INFORMATION: Contains milk- and soy-based ingredients.

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SSLEBL 301 / SUPPESC 02 Rev. 02/18/09

chocolate flavored

2-Day Fast Formula®



- 2-day cleansing fast*
- Fast and safe weight loss*
- Great taste!

WEIGHT
management

NET WT 6.42 OZ (182 G)

NUTRITIONAL SHAKE MIX

Nutrition Facts

Serving Size 1 Scoop (28 g)

Servings Per Container 6.5

Amount Per Serving

Calories 110 Calories from Fat 10

% Daily Value**

Total Fat 1 g 2%

Saturated Fat 0 g 0%

Cholesterol 0 mg 0%

Sodium 40 mg 2%

Potassium 353 mg 10%

Total Carbohydrate 19 g 6%

Dietary Fiber 2 g 6%

Sugars 16 g †

Protein 6 g 12%

Vitamin A 15% • Vitamin C 50% • Vitamin D 25%

Vitamin E 100% • Vitamin K 25% • Thiamine 50%

Riboflavin 50% • Niacin 50% • Vitamin B6 50%

Folate 25% • Vitamin B12 50% • Biotin 10%

Pantothenic 25% • Calcium 16% • Iron 30%

Acid

Phosphorus 15% • Iodine 40% • Magnesium 28%

Zinc 40% • Copper 60% • Manganese 20%

Molybdenum 50%

INGREDIENTS: Fructose, whey protein isolate, natural and artificial flavors, soy protein isolate, cocoa powder, soybean oil, guar gum, potassium chloride, dicalcium phosphate, magnesium oxide, di-alpha tocopheryl acetate, ferrous fumarate, sodium ascorbate, kelp, zinc oxide, niacinamide, copper citrate, biotin, calcium-D-pantothenate, phytonadione, manganese sulfate, thiamine mononitrate, pyridoxine HCl, riboflavin, cyanocobalamin, vitamin A palmitate, vitamin D, folic acid, and sodium molybdate.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

† Daily Value (DV) not established

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat. Fat	Less than	25 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	60 g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			