

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Flavor — Little sweet, little acrid, and a fullness of overly ripe fruit that finishes dry



A tea of dried Apple blossoms may be consumed as a reliever for occasional stress, digestion aid or to clear complexion. Highly aromatic with hints of wild rose, jasmine, water lily and honey.*

Dietary Supplement

Net Wt. 1.4 oz (39 g)



Apple Blossom

Ron Teeguarden's
Dragon Herbs®

Directions: Add the amount of botanicals per a recipe, as desired, or as directed by a health practitioner. The proper way of extracting botanicals depends on parts used. Flowers, fruits and leaves can usually be *steeped* or *decocted* (boiling over fire) while stems, barks and roots typically require *decocting*.

In a *Desktop Botanical Garden*™ *Glass Tea & Elixir Maker*, add 1 part botanical(s) and 5-8 parts water, steep or decoct for 5-20 minutes. You can boil water directly in the *Elixir Maker*. Repeat this process for 2nd or 3rd extraction until all active constituents have been extracted.

Supplement Facts

Serving Size: 1 g

Servings Per Container: 39

Amt/Serv

Dried Apple Blossom 1 g †

† Daily value not established

Manufactured for:

Ron Teeguarden's
Dragon Herbs
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More *My Cup of Tee*® ideas and instructions on our website.

www.dragonherbs.com

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