

ONLY 1g SUGAR

70mm High Distortion Area

**AMAZING TASTE!****Hi PROTEIN / LOW CARB****Nutrition Facts**

Serving Size: 1 scoop (38g) Servings Per Container: appx. 60

Amount Per Serving

Calories 170

Calories from Fat 45

% Daily Value

Total Fat 5g

Saturated Fat 1g

Cholesterol 45mg

Sodium 70mg

Potassium 170mg

Total Carbohydrates 6g

Dietary Fiber 0.5g

Sugars 1g

Protein 25g

Vitamin A 1%

Calcium 11%

Vitamin C 0%

Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

CALORIES 2000 2500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Total Carbohydrates 300g 375g

Dietary Fiber 25g 30g

Cholesterol Less than 300g 300g

Sodium Less than 2,400mg 2,400mg

Potassium Less than 3,500mg 3,500mg

Protein 50g 65g

Calories Per Gram: Fat 9 Carbohydrates 4 Protein 4

Ingredients: FMS Protein Blend: (Cross-flow Full Spectrum Whey Protein Concentrate [Providing Di-Tri-Oligo and Polypeptides which are the short and long chains of amino acids], Ultra Pure Hydrolyzed Protein Isolate, Micellar Casein), Ice Cream Vanilla Flavor, Natural and Artificial Flavors, Maltodextrin, Xanthan Gum, Medium Chain Triglycerides (MCT's), Acesulfame Potassium and Sucralose.

Store in a cool, dry place.

Manufactured in an FDA Registered & GMP Certified facility.

DIRECTIONS: Add one (1) rounded scoop to 14-16 fluid ounces of cold water, milk or beverage of choice. Increase or decrease the amount of liquid to tailor flavor and consistency to your desired preference.

The Ultimate Flurry Hi-Protein Powder is designed to be used anytime throughout the day including:

BEFORE AND AFTER EXERCISE: Makes an excellent pre and post workout shake by providing fast digesting protein for immediate muscle support plus containing the perfect blend of medium and slow digesting proteins for extended amino acid delivery and recovery.

NOTE: Best results when taken 30 minutes before and after exercise.

WITH MEALS: Use the Ultimate Flurry Hi-Protein Powder with your meals to increase desired protein quantity.

BETWEEN MEALS AND BEFORE BED: The Ultimate Flurry Hi-Protein Powders Sustained Release specialized protein blend FMS (Fast, Medium, Slow) keeps amino acid levels elevated between meals and throughout the night preventing the breakdown of muscle, so your body doesn't go into an undesirable catabolic state.*

ALLERGY INFORMATION: Contains Milk and Soy Lecithin. Produced in a facility that manufactures products containing peanuts.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



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Premium Quality
**HYDROLYZED
PROTEIN
ISOLATE**

**ultimate
Flurry™**
**Hi-Protein
Powder**
Ice Cream Vanilla
Natural and Artificial Flavors



**INSTANT
MIXABILITY**

**5g
NET CARBS**

**5g
BCAA's**

**4g
GLUTAMINE**

25g

**SUSTAINED RELEASE
MUSCLE BUILDING PROTEIN***

**Flavored with
Ice Cream Vanilla**

NET WT. 5.0 LBS. (2270 g)

GUARANTEED...
**The Most Delicious
Protein Powder
You'll Ever Try!**

- Only 5g Net Carbs
- Great for Hi Protein / Low Carb Diets
- Contains The Right Optimum Ratio of Essential and Non-essential Amino Acids
- Loaded with Glutamine and BCAA's (Branched-chain amino acids)
- IGF-rich Whey Protein
- Supports Intracellular Nitrogen Retention Levels*
- MCT's for Fast Burning Muscle Energy*
- No Aspartame, No Trans Fat
- Gluten Free

