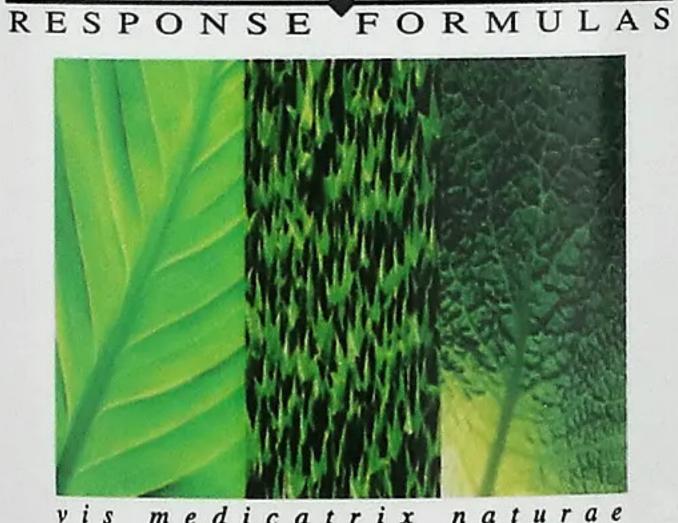
Rev: 1 03/21 青電車



Women's One Daily

Supports optimal health & well-being*

Dietary Supplement 60 Tablets

Suggested Use: 1 tablet daily with a beverage. May be taken anytime throughout the day, even on an empty stomach.

ement Facts

Serving Size 1 Tablet Servings per Container 60

Amount per Serving	% DV
Vitamin A (as beta carotene with carrot)†370 mcg RAE	41%
Vitamin C (as ascorbic acid with organic orange)† 60 mg	67%
Vitamin D3 (as fermented cholecalciferol) 10 mcg	50%
Vitamin E (as d-alpha tocopherol from sunflower seed oil)† 10 mg	67%
Vitamin K (as phytonadione with cabbage)† 75 mcg	63%
Thiamin (as thiamine hydrochloride with S. cerevisiae)† 1.5 r	ng 125%
Riboflavin (as riboflavin with organic brown rice)† 1.7 mg	131%
Niacin (as niacinamide with <i>S. cerevisiae</i>)† 20 mg NE	125%
Vitamin B6 (as pyridoxine hydrochloride with S. cerevisiae)† 4 mg	235%
Folate (as folic acid with broccoli)† 400 mcg DFE (240 mcg folic acid)	100%
Vitamin B12 (as cyanocobalamin with <i>S. cerevisiae</i>)† 10 m	ncg 417%
Bittin (as biotin with organic brown rice)†30 mcg	100%
Pantothenic Acid (as d-calcium pantothemate with organic brown rice)† 10 mg	200%
Iron (as fermented iron bisglycinate) 9 mg	50%
lodine (as fermented iodine glycinate)100 mcg	67%

Amount per Serving	% DV
Zinc (as fermented zinc bisglycinate) 9 mg	82%
Selenium (as fermented selenium glycinate) 18 mcg	33%
Copper (as fermented copper bisglycinate) 0.04 mg	4%
Manganese (as fermented manganese bisglycinate) 2 mg	87%
GTF Chromium (as fermented chromium glycinate, nicotinate, glutamate) 40 mcg	114%
Molybdenum (as fermented molybdenum bisglycinate) 37 mcg	82%
Boron (as fermented boron triglycinate) 500 mcg	**
Organic Chaste Tree Berry, Fruit Phenolic Blend (Organic Whole Orange, Organic Cranberry, Organic Blueberry), Organic Astragalus Root, Organic Eleuthero Root, Organic Ashwagandha Root, Organic Ginger Root, Organic Nettl Organic Schisandra Berry, Organic Yellow Dock Root, Organic Schisandra Berry, Organic Yellow Dock Root, Organic Schisandra Berry, Organic Yellow Dock Root, Organic Leaf, Organic Chiling Root, Organic Ro	nic e Leaf, Irganic

** % Daily Value (DV) not established

Other Ingredients: Ferment media (organic brown rice, rice protein, autolyzed yeast extract, yeast [inactive]), microcrystalline cellulose, organic brown rice, rice protein, silicon dioxide, steariic acid, autolyzed yeast extract, hypromellose. Made by MegaFood, PO Box 5244, Manchester, NH 03108 USA Innateresponse.com / 800.634.6342



