

Supplement Facts: Serving Size: 1 Tube (15 mL), Servings Per Container: 1. Amount Per Serving: Calories 30, Total Carb. 8 g (3% DV*), Sugars 0 g (†), Thiamin (from Thiamin HCl) (Vitamin B-1) 3 mg (200% DV), Riboflavin (Vitamin B-2) (from Riboflavin-5-Phosphate Sodium) 3.4 mg (200% DV), Niacin (as Nicotinamide) (Vitamin B-3) 50 mg (250% DV), Vitamin B-6 (from Pyridoxine HCl) 10 mg (500% DV), Folic Acid 400 mcg (100% DV), Vitamin B-12 (as Cyanocobalamin) 10 mg (10,000 mcg) (166,667% DV), Biotin 300 mcg (100% DV), Pantothenic Acid (from Calcium Pantothenate) 50 mg (500% DV), Choline (from Choline Bitartrate) 5 mg (†), Inositol 5 mg (†). *Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other ingredients: De-ionized Water, Vegetable Glycerin, Natural Berry and Cherry Flavors, Malic Acid, Xylitol, Potassium Sorbate (as preservative) and Natural French Vanilla Flavor.
Formulated & Distributed by NOW FOODS, 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
For more product information visit www.nowfoods.com/0455



SHOTS™

B-12

10,000 mcg

energy boost*

mixed berry

EXPLOSIVE
LONG-LASTING
ENERGY*

- Highest Potency B-12
- Natural & Caffeine-Free
- A Full Spectrum of B Vitamins
- 10 Energy-Enhancing Core Nutrients

1 Single Dose: 15 mL (0.5 fl. oz.) Shot
A Dietary Supplement Vegetarian/Vegan

CODE 0455C V3

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SUGGESTED USAGE: Shake plastic tube before using. Snap top off of tube and squeeze liquid contents into mouth & swallow. Take 1 tube daily, preferably in the morning.

Store in a cool, dry place. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Contains Xylitol, do not feed to pets.