Directions: For adults, mix 2 mL (abt. 1/2 tsp) of extract in 2 fl. oz (60 mL) water one time daily preferably with a meal.

Beneficial for occasional constipation.*
Helps to maintain healthy cholesterol levels already within the normal range.*

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

WARNING: Not intended for use by pregnant or nursing women. If you have a medical condition or are taking medication, consult your doctor prior to use. Discontinue use and consult with your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN

PURE HERBS, LTD.™
Natural Herbal Extracts

Flax

Dietary Supplement

"No expense has been spared to provide the finest nature has to offer."

1 fl. oz. (30 mL)

SHAKE WELL BEFORE USE

Supplement Facts

Serving Size: 2 mL (abt. 1/2 tsp)
Servings Per Container: 15

Amount per serving		%DV
Flax (seed) (*Linum usitatissimum*) Extract	1887 mg	†

† Daily Value (DV) not established.

Other Ingredients: None
Herb: Solvent Ratio 1:4 (Distilled Water & Neutral Grain Spirits 28-38% ABV)

PURE HERBS, LTD. • Sterling Heights, MI
Phone: (800)-860-4372 • www.pureherbs.com