

Directions: For adults, mix 2 mL (abt. 1/2 tsp) of extract in 2 fl. oz (60 mL) water one time daily preferably with a meal.

Beneficial for aiding in digestion and relieving occasional upset stomach as well as oxygenation of the blood stream.* Promotes good health and energy.*

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

WARNING: Not intended for use by pregnant or nursing women. If you have a medical condition or are taking medication, consult your doctor prior to use. Discontinue use and consult with your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN

PURE HERBS, LTD.™
Natural Herbal Extracts

Blessed Thistle

Dietary Supplement

"No expense has been spared to provide the finest nature has to offer."

1 fl. oz. (30 mL)

SHAKE WELL BEFORE USE

Supplement Facts

Serving Size: 2 mL (abt. 1/2 tsp)

Servings Per Container: 15

Amount per serving	%DV
Blessed Thistle (aerial parts) 1953 mg (<i>Cnicus sp.</i>) Extract	†

† Daily Value (DV) not established.

Other Ingredients: None

Herb: Solvent Ratio 1:8 (Distilled Water & Neutral Grain Spirits 28-38% ABV)

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