

Store at 20° - 25°C (68° - 77°F), excursions permitted to 15° - 30°C (59° - 86°F) [See USP controlled room temperature].

KEEP THIS AND ALL DRUGS OUT OF THE REACH OF CHILDREN.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

Call your doctor about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Indications and Usage: Se-Natal 19 tablets are indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and non-lactating mothers. Se-Natal 19 tablets are also useful in improving the nutritional status of women prior to conception.

Manufactured For:

Seton Pharmaceuticals, Manasquan, NJ 08736
1-800-510-3401

MADE IN CANADA L100193 Rev. 03/18



13925-116-01

Se-Natal 19

Tablets

Vitamins and Minerals with Folic Acid

100 Tablets

Rx Only



DESCRIPTION: Se-Natal 19 is a white, oblong, film coated tablet, debossed "TL 019". Each film coated tablet contains:

Supplement Facts

Servings per Bottle: 100	% DV for	
Serving Size: 1 tablet	Pregnant and	
Each Tablet contains:	Lactating Women	
Vitamin A (as beta carotene)	1000 IU	23%
Vitamin C (ascorbic acid)	100 mg	83%
Vitamin D (as cholecalciferol)	10 mcg	67%
Vitamin E (as dl-alpha tocopherol acetate)	30 IU	142%
Thiamine (Vitamin B1)	3 mg	214%
Riboflavin (Vitamin B2)	3 mg	188%
Niacin (as niacinamide)	15 mg	83%
Vitamin B6 (as pyridoxine HCl)	20 mg	1000%
Folate (folic acid)	1000 mcg	167%
Vitamin B12 (as cyanocobalamin)	12 mcg	429%
Pantothenic Acid (as calcium pantothenate)	7 mg	100%
Calcium (as calcium carbonate)	200 mg	15%
Iron (as ferrous fumarate)	29 mg	107%
Zinc (as zinc oxide)	20 mg	154%

Other Ingredients: Acacia, Croscarmellose, Docusate Sodium, Sodium, Fumed Silica, Hypromellose, Magnesium Stearate, Microcrystalline Cellulose, Polyethylene Glycol, Polyvinyl Alcohol, Stearic Acid, Talc and Titanium Dioxide.

DOSAGE AND ADMINISTRATION: One tablet daily or as directed by a physician. Do not chew tablet.