

Each softgel capsule contains in a clear solution of 267 mg purified omega long-chain fatty acids including DHA (docosahexaenoic acid), EPA (eicosapentaenoic acid), DPA (docosapentaenoic acid) and ALA (alpha-linolenic acid).

#### Supplement Facts

Serving Size: 1 Softgel Capsule

| Amount Per Serving                                            |        |
|---------------------------------------------------------------|--------|
| Total omega long-chain fatty acids (as DHA, EPA, DPA and ALA) | 267 mg |

Other ingredients: gelatin, rice bean oil, glycerin, purified water

**INDICATIONS:** This product is a gluten-free prescription regimen of prenatal multivitamin, multimineral and omega fatty acid supplements indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and non-lactating mothers. This product is also useful in improving the nutritional status prior to conception.

**CONTRAINDICATIONS:** This product is contraindicated in patients with known hypersensitivity to any of the ingredients, including fish or fish oil.

**WARNINGS:** Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where Vitamin B<sub>12</sub> is deficient.

Since daily ingestion of more than 3 grams per day of omega-3 fatty acids, including ALA (alpha-linolenic acid), EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid), from fish oils may have potential antithrombotic activities and may increase bleeding times, administration of DHA should be avoided in patients with inherited or acquired bleeding diatheses, including those taking anticoagulants.

**KEEP OUT OF REACH OF CHILDREN.**

**PRECAUTIONS:** Folic acid in doses above 0.1 mg daily may obscure the diagnosis of pernicious anemia (hematologic remission may occur while neurological manifestations remain progressive).

**DRUG INTERACTIONS:** Pyridoxine supplements should be avoided in patients receiving levodopa alone, as the actions of levodopa may be antagonized.

**ADVERSE REACTIONS:** Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

**DOSAGE AND ADMINISTRATION:** Before, during and after pregnancy, one tablet and one softgel capsule taken by mouth daily or as directed by a physician. The tablet and softgel capsule may be taken together or at different times of the day. Caution should be exercised to ensure that the prescribed dose of DHA does not exceed 1 gram (1,000 mg) per day.

**HOW SUPPLIED:** A 30-day regimen supplied in a carton, NDC 44118-750-30, containing 6 child-resistant blister cards. Each blister card contains 5 mason Duet® tablets (imprinted "750") and 5 softgel capsules. Tamper evident by foil seal.

**STORAGE:** Store at controlled room temperature 20° to 25°C (68° to 77°F), excursions permitted to 15° to 30°C (59° to 86°F). Relative humidity not to exceed 65%. Protect from moisture, excessive heat and freezing. Note that contact with moisture may produce surface discoloration of the tablet.

To report a serious adverse event or obtain product information, call 1-855-899-1237.

www.DuetDHA.com

Manufactured for:

**Eckson Labs**

1000 N. West St., Suite 1200, #927  
Wilmington, DE 19801

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Rx Only

NDC 44118-750-30

when one heart becomes two  
**DuetDHA**   
**Balanced**

*Prescription Prenatal Vitamins*

Features an innovative blend  
of iron & omega  
long-chain fatty acids

30 day supply—30 tablets  
and 30 softgel capsules  
By **Eckson Labs**



**DESCRIPTION:** This product is a gluten-free prescription regimen of prenatal multivitamin, multimineral and omega fatty acids, supplied as tablets and softgel capsules.

Each tablet contains:

#### Supplement Facts

Serving Size: 1 Tablet

| Amount Per Serving                                                                              |          |
|-------------------------------------------------------------------------------------------------|----------|
| Vitamin A (beta carotene)                                                                       | 2,800 IU |
| Vitamin C (ascorbic acid)                                                                       | 120 mg   |
| Vitamin D <sub>3</sub> (cholecalciferol)                                                        | 640 IU   |
| Vitamin E (dl-alpha tocopheryl acetate)                                                         | 15 mg    |
| Vitamin B <sub>1</sub> (thiamine mononitrate)                                                   | 1.5 mg   |
| Vitamin B <sub>2</sub> (riboflavin)                                                             | 2 mg     |
| Niacinamide                                                                                     | 20 mg    |
| Vitamin B <sub>6</sub> (pyridoxine HCl)                                                         | 50 mg    |
| Folic acid                                                                                      | 1 mg     |
| Vitamin B <sub>12</sub> (cyanocobalamin)                                                        | 12 mcg   |
| Calcium (calcium carbonate)                                                                     | 215 mg   |
| Iron (polysaccharide iron complex and sodium iron (II) ethylenediaminetetraacetate, Ferrazone®) | 25 mg    |
| Magnesium (magnesium oxide)                                                                     | 25 mg    |
| Zinc (zinc oxide)                                                                               | 25 mg    |
| Selenium (sodium selenate)                                                                      | 65 mcg   |
| Copper (cupric oxide)                                                                           | 1.3 mg   |
| Iodine (potassium iodide)                                                                       | 210 mcg  |
| Choline (choline bitartrate)                                                                    | 55 mg    |

Other ingredients: microcrystalline cellulose, starch, silica, magnesium stearate, polyethylene glycol, polyvinyl alcohol, titanium dioxide, Inks, FD&C red no. 40 aluminum lake, FD&C blue no. 1 & no. 2 aluminum lake

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.