

SpectraSoy® features Novasoy® soy concentrate¹, which supplies a full spectrum of isoflavones including glucoside and aglycone forms of genistin, daidzin, and glycitin, plus other healthful compounds naturally found in soybeans and soy foods. Careful extraction techniques ensure that the natural profile and ratios of isoflavones are maintained as they would be found in traditional soy foods. SpectraSoy is so highly concentrated that just one tablet provides 45 mg of isoflavones, an amount similar to the average daily intake in Japan.

DIRECTIONS: Take one tablet one to two times daily or as directed by your healthcare practitioner.

CAUTION: If pregnant or nursing, or taking medication, please consult your healthcare practitioner before use. Keep out of the reach of children.

Formulated to Exclude: Wheat, gluten, corn protein, animal or dairy products, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.

The Novasoy® logo is a registered trademark of ADM.

¹Derived from non-genetically engineered, identity-preserved soybeans.

 **Metagenics®**
Genetic Potential Through Nutrition



Eclectic Botanicals
SpectraSoy®
Full-Spectrum
Isoflavone Concentrate†

Herbal Supplement
Vegetarian

90 TABLETS



Supplement Facts

Serving Size 1 Tablet
Servings Per Container 90

	Amount Per Serving	% Daily Value
Total Carbohydrate	1 g	<1%*
Dietary Fiber	1 g	4%*
Soybean Concentrate†	113 mg	**
Total Isoflavones (containing all forms of genistin, daidzin, and glycitin)	45 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Ingredients: Soybean concentrate (soy), microcrystalline cellulose, croscarmellose sodium, stearic acid, cellulose, and silica. Contains: soy.

Developed and Manufactured by:

METAGENICS, INC.

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