

M-Natal Plus tablet

Supplement Facts Serving Size: 1 Tablet	Amount Per Serving	% Daily Value for Pregnant and Lactating Women
Vitamin A (as Acetate and Beta Carotene)	4000 IU	50%
Vitamin C (Ascorbic Acid)	120 mg	200%
Vitamin D (Vitamin D ₃ as cholecalciferol)	400 IU	100%
Vitamin E (dl-Alpha Tocopheryl Acetate)	22 IU	73%
Thiamine (Vitamin B ₁ from Thiamine Mononitrate)	1.84 mg	108%
Riboflavin (Vitamin B ₂)	3 mg	150%
Niacin (Nicotinamide)	20 mg	100%
Vitamin B₆ (as Pyridoxine HCl)	10 mg	400%
Folic Acid	1 mg	125%
Vitamin B₁₂ (Cyanocobalamin)	12 mcg	150%
Calcium	200 mg	15%
Iron (Ferrous Fumarate)	27 mg	150%
Zinc (Zinc Oxide)	25 mg	167%
Copper (Cupric Oxide)	2 mg	100%

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Polyvinyl Alcohol, Polyvinyl Alcohol, Stearic Acid, Titanium Dioxide, Polyethylene Glycol, Talc, Magnesium Stearate, Silikon Dioxide, Beet Powder, Caramel, Carnauba Wax.

Contains FD&C Red #40 (Lakes), FD&C Blue #2 Aluminum Lake, and FD&C Yellow Lake #5.

DESCRIPTION

M-Natal Plus Tablet is an orally administered prenatal/postnatal prescription folic acid-containing dietary supplement and should be administered under the supervision of a licensed medical practitioner.

DOSAGE AND ADMINISTRATION

Before, during and/or after pregnancy, one tablet daily, with a meal, or as directed by a licensed healthcare practitioner regardless of lactation status.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION

High levels of folic acid may, especially in older adults, hide signs of Vitamin B-12 deficiency (such as pernicious anemia), a condition that can cause nerve damage.

Store at 15° - 30°C (59° - 86°F). [See USP Controlled Room Temperature.] Protect from light and moisture. Dispense in a tight light-resistant container. Notice: Contact with moisture may produce surface discoloration or erosion.

Call your licensed medical practitioner about side effects. You may report side effects by calling Method at 1-877-250-3427 or FDA at 1-800-FDA-1088.

HOW SUPPLIED

Supplied as beige tablet, imprinted "M170" dispensed in bottles of 100 tablets.

Manufactured By:
Method Pharmaceuticals, LLC
Fort Worth, Texas 76118

Rev. 08/2018

Lot:
Exp:

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NDC 58657-170-01

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PRENATAL / POSTNATAL

Prescription Folic Acid-Containing Dietary Supplement

Rx

100 Tablets Made in USA

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Lift Here