

Exp. Date  
Lot No.

**USUAL DOSAGE:** Usual adult dose is 1 tablet by mouth once or twice daily or as prescribed by a licensed medical practitioner.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

Call your licensed medical practitioner about side effects. You may report side effects by calling 1-800-FDA-1088.

**STORAGE:** Store at 20° to 25°C (68° to 77°F) excursions permitted to 15° to 30°C (59° to 86°F) Protect from light and moisture.

**obgs**  
PHARMA

Manufactured for:  
National Bio-Green Sciences Limited Liability Company  
Branchburg, NJ 08876

72678-018-01

Zalvit Tablets



30 Tablets

PRENATAL/POSTNATAL  
Prescription Folic Acid-Containing  
Dietary Supplement

Dispensed by prescription

## Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving:	%Daily Value	
Vitamin C (as ascorbic acid)	125 mg	104%
Vitamin D (as cholecalciferol)	12.5 mcg (500 IU)	83%
Thiamine	1.4 mg	100%
Vitamin B6 (as pyridoxal-5-phosphate)	2.5 mg	125%
Folate	1,668 DFE (1 mg folic acid)	278%
Vitamin B12 (as methylcobalamin)	1,000 mcg	35,714%
Calcium (from calcium carbonate)	200 mg	15%
Iron (as ferrous gluconate)	13 mg	48%
Iodine (as potassium iodine)	150 mcg	52%

**OTHER INGREDIENTS:** Microcrystalline Cellulose  
Silicon Dioxide, Magnesium Stearate.

