

# Prescription Multivitamin/Mineral Dietary Supplement with Fish-Based DHA

## WesCap-PN DHA PRENATAL/POSTNATAL

69367-316-30  
Rx

### Supplement Facts

Serving Size: 1 Softgel

| Amount Per Serving                                                                  | % Daily Value for Pregnant and Lactating Women |       |
|-------------------------------------------------------------------------------------|------------------------------------------------|-------|
| Vitamin C (ascorbic Acid)                                                           | 85 mg                                          | 71%   |
| Vitamin D (Vitamin D3 as Cholecalciferol)                                           | 5 mcg (200 IU)                                 | 30%   |
| Vitamin E (d-alpha-tocopherol)                                                      | 6.7 mg (10 IU)                                 | 36%   |
| Vitamin B6 (pyridoxine HCl)                                                         | 25 mg                                          | 1250% |
| Folate (L-Methylfolate Calcium, or 85%-Methyl-Ca (500 mcg) folic acid, USP 400 mcg) | 1700 mcg DFE (400 mcg Folic Acid)              | 283%  |
| Vitamin B12 (cyano cobalamin)                                                       | 12 mcg                                         | 425%  |
| Calcium (calcium carbonate)                                                         | 140 mg                                         | 11%   |
| Iron (ferrous fumarate)                                                             | 27 mg                                          | 100%  |
| Magnesium (magnesium oxide)                                                         | 45 mg                                          | 11%   |
| Docosahexaenoic Acid (DHA)                                                          | 300 mg*                                        | †     |

\* From at least 300 mg purified fish oil  
† Daily Value not established

Other Ingredients: Gelatin, Soybean Oil, Glycerin, Purified Water, Soy Lecithin, Titanium Dioxide, Yellow Easyness, Natural Creamy Orange Flavor, FD&C Yellow #6, Ethyl Vanillin, FD&C Red #40.

**DESCRIPTION:** WesCap-PN DHA is a prescription prenatal/postnatal multivitamin/mineral dietary supplement with fish-based DHA and should be administered under the supervision of a licensed medical practitioner.

**DOSEAGE AND ADMINISTRATION:** Taken, during and/or after pregnancy, one softgel daily or as directed by a licensed healthcare practitioner regardless of lactation status.

**CUTION:** Ingestion of more than 3 grams per day of omega-3 fatty acids (ALA, EPA, and DHA) may have potential antithrombotic activity, or effects, and may increase bleeding times. Administration of omega-3 fatty acids, including DHA, should be avoided in patients with thrombocytopenia or acquired bleeding diathesis, including those taking anticoagulants. Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**CATION:** High levels of bile acid may, especially in older adults, hide signs of Vitamin B-12 deficiency (such as pernicious anemia), a condition that can cause nerve damage.

**STORAGE:** Store at 20° to 25°C (68° to 77°F). Excursions permitted to 15° to 30°C (59° to 86°F). Protect from light and moisture. Dispense in a light, light-resistant container.

Call your licensed medical practitioner about side effects. You may report side effects by calling Westminster Pharmaceuticals LLC, at 1-800-321-7264 or FDA at 1-800-FDA-1088.

HOW SUPPLIED:

Supplied as oblong, orange-colored softgel, imprinted "716" and dispensed in 30 count bottles.

Manufactured for:

**Westminster Pharmaceuticals, LLC**

Northville, TN 37217

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