

**Bolster
Beauty**
by SottoPelle®

wellness wake-up™

promotes optimal vitality*

Health and Wellness

120 Capsules Dietary Supplement

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

Amount Per Serving		% DV
Vitamin A (as Acetate & Beta-Carotene)	3850 mcg	428%
Vitamin C (as Ascorbic Acid)	150 mg	167%
Vitamin D3 (as Cholecalciferol)	10 mcg	50%
Vitamin K (as Menaquinone-7; MenaQ7®)	80 mcg	67%
Thiamin (as Thiamine HCL)	12 mg	1000%
Riboflavin	20 mg	1538%
Niacin (as Niacinamide)	35 mg	219%
Vitamin B6 (as Pyridoxine HCL and Pyridoxal-5-Phosphate)	25 mg	147%
Folate (as Folic Acid)	667 mcg DFE	167%
Vitamin B12 (as Cyanocobalamin)	200 mcg	8333%
Biotin	300 mcg	1000%
Pantothenic Acid (as D-Calcium Pantothenate)	25 mg	500%
Choline (as Bitartrate)	15 mg	3%
Calcium (as Carbonate)	200 mg	15%
Phosphorus	75 mg	6%
Iodine (from Kelp)	150 mcg	100%
Magnesium (as Citrate)	200 mg	48%
Zinc (as Citrate)	7.5 mg	68%
Selenium (from Selenomethionine)	100 mcg	182%
Copper (as Gluconate)	1 mg	111%
Manganese (as Gluconate)	2 mg	87%
Chromium (as Picolinate)	120 mcg	343%
Molybdenum (as Amino Acid Chelate)	100 mcg	222%
Potassium (as Chloride)	95 mg	2%

Amount Per Serving	% DV
Energetic Herbal Blend 375 mg *	
Ashwaganda Root Extract (<i>Withania somnifera</i>), Asian Ginseng (<i>Panax ginseng</i> , aerial parts), Green Tea Leaf Extract (Std. to 98% Polyphenols & 50 % EGCG), Rhodiola Root Extract (<i>Rhodiola rosea</i> , Std. to 3% Rosavins & 1% Salidroside)	
Fruit/Vegetable Blend 165 mg *	
Grape Skin Powder, Pomegranate Powder (Whole Fruit), Blueberry Powder, Chokeberry Powder, Mangosteen Skin Powder, Cranberry Powder, Goji Berry Powder, Apple Skin Powder, Bilberry Powder	
Citrus Bioflavonoid Complex 100 mg	*
Enzyme Blend 75 mg *	
Bromelain (80GDU), Cellulase, Fungal Amylase, Protease	
Coenzyme Q10 (CoQ10; Ubiquinol) 60 mg	*
Probiotic Blend (5 Billion CFU) 55 mg *	
<i>L-acidophilus</i> , <i>Enterococcus faecium</i> , <i>L-plantarum</i> , <i>L-casei</i>	
Myo-Inositol 23 mg	*
Para-Aminobenzoic Acid (PABA) 15 mg	*
BioPerine® Black Pepper Extract (<i>Piper nigrum</i>) 5 mg	*
Boron 1 mg	*
Vanadium 50 mcg	*

*Daily Value (DV) not established

Other Ingredients: Vegetable cellulose capsule, maltodextrin, cellulose. *Does not contain any dairy, egg, sugar, yeast, rice, gluten, artificial colors, flavors, or preservatives.*

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Bolster Beauty by SottoPelle®, Scottsdale, AZ 85260 • 323.986.5100 • BolsterBeauty.com

Made in USA with Global Ingredients