

DIRECTIONS: Take two tablets daily or as directed by your healthcare practitioner.

WARNINGS: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Avoid use if you have a history of hormone related cancer, diabetes, or bipolar disorder. Consult a physician or licensed qualified healthcare professional before using this product if you have, or have a family history of, prostate cancer, prostate enlargement, liver disease, heart disease, low "good" cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving or use for more than 6 months. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified healthcare professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. KEEP OUT OF THE REACH OF CHILDREN.

To report any adverse events call 1-800-332-1088.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

 **Metagenics**
Genetic Potential Through Nutrition

Symphora™

Support for Brain
Cortisol Function*

Dietary Supplement
60 TABLETS

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	800 IU	200%
Folate (as 5-methyl tetrahydrofolate)	800 mcg	200%
Vitamin B ₁₂ (as methylcobalamin)	1000 mcg	16667%
DHEA (Dehydroepiandrosterone) 50 mg	*	

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid, silica, and coating (deionized water, microcrystalline cellulose polyethylene glycol, and carrageenan).

Developed and Manufactured by:
METAGENICS, INC.

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