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Directions for use:

As a dietary supplement, take 2 capsules once per day. Can be taken with food or on an empty stomach or as recommended by your healthcare advisor.

Keep out of reach of children.

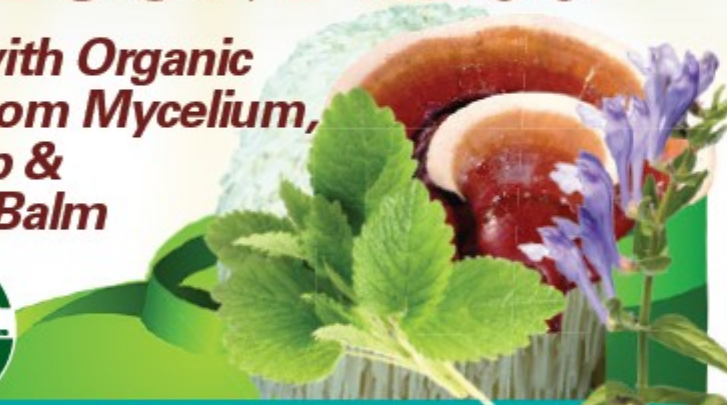
NCSF60 REV B2

If you have a medical condition, are taking medications, or are pregnant or nursing, consult your healthcare professional before using this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

HOST DEFENSE[®]
MYCO
Botanicals[™]
**STRESS
DECOMPRESS[®]**

**Made with Organic
Mushroom Mycelium,
Skullcap &
Lemon Balm**



**PROMOTES
NATURAL CALM
& TRANQUILITY***

**GLUTEN FREE
DIETARY SUPPLEMENT**
60 Vegetarian Capsules



Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving

Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium ‡	300 mg†
Lion's Mane (<i>Hericium erinaceus</i>) mycelium ‡	300 mg†
Skullcap (<i>Scutellaria lateriflora</i>) leaf ‡	200 mg†
Lemon Balm (<i>Melissa officinalis</i>) leaf extract ‡	100 mg†
Ashwagandha (<i>Withania somnifera</i>) root extract ‡	100 mg†

†Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice ‡, Pullulan (an extra-cellular polysaccharide), maltodextrin ‡

Distributed by
**Fungi Perfecti, LLC, PO Box 7634,
Olympia, WA 98507 USA**
Toll Free: 877-504-6926 HOSTDEFENSE.COM
Certified Organic by the Washington State
Department of Agriculture.