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**MADE WITH U.S. GROWN
MUSHROOM MYCELIUM**

Directions for use:

As a dietary supplement,
take 2 capsules once per day.
Can be taken with food or
without, on an empty stomach
or as recommended by your
healthcare advisor. If you have
a medical condition, are taking
medications, or are pregnant or
nursing, consult your healthcare
professional before using this
product. Keep out of reach
of children.

NCGL120 REV C2

*These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure or
prevent any disease.

HOST DEFENSE®
Mushrooms™

REISHI



**LONGEVITY
SUPPORT***



**GLUTEN FREE
DIETARY
SUPPLEMENT**
120 Vegetarian Capsules



Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 60

Amount Per Serving

Reishi (*Ganoderma lucidum* s.l.) mycelium ‡ 1 g †
550 mg polysaccharides

†Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice ‡,
Pullulan (an extra-cellular polysaccharide)

Grown and distributed by
Fungi Perfecti, LLC, PO Box 7634,
Olympia, WA 98507 USA
Toll Free: 877-504-6926
HOSTDEFENSE.COM

Certified Organic by the
Washington State
Department of Agriculture.

