

**MADE WITH U.S. GROWN  
MUSHROOM MYCELIUM**

**Directions for use:**

As a dietary supplement, take 2 capsules once per day. Can be taken with food or without, on an empty stomach or as recommended by your healthcare advisor. If you have a medical condition, are taking medications, or are pregnant or nursing, consult your healthcare professional before using this product. Keep out of reach of children.

NCHE60 REV C2

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**HOST DEFENSE<sup>®</sup>**  
*Mushrooms<sup>™</sup>*

**LION'S MANE**

**MEMORY &  
NERVE SUPPORT\***

**GLUTEN FREE  
DIETARY  
SUPPLEMENT**  
**60 Vegetarian Capsules**



**Supplement Facts**

Serving Size: 2 Capsules  
Servings Per Container: 30

**Amount Per Serving**

|                                           |       |
|-------------------------------------------|-------|
| Lion's Mane ( <i>Hericium erinaceus</i> ) | 1 g † |
| mycelium ‡                                |       |
| 550 mg polysaccharides                    |       |

†Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice ‡, Pullulan (an extra-cellular polysaccharide)

Grown and distributed by  
**Fungi Perfecti, LLC, PO Box 7634,  
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**HOSTDEFENSE.COM**

Certified Organic by the  
Washington State  
Department of Agriculture.



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