

ELDERBERRY PLUS superfood syrup

Directions for Use: Shake well.

As a dietary supplement,
take 2 tsp. as needed.

Can be taken with food
or on an empty stomach,
or as recommended by
your healthcare advisor.

Find Your Mushroom™
at HostDefense.com

NSEP4 REV A2

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HOST DEFENSE®
Mushrooms™
ELDERBERRY
Plus
with superfood
mushroom mycelium



**Delicious Syrup for
Daily Immune Support***

Reishi • Chaga • Turkey Tail



DIETARY SUPPLEMENT

4 Fl. Oz.
(120 Milliliters)

GLUTEN FREE

Supplement Facts

Serving Size: 2 tsp. (10 ml)

Servings Per Container: 12

	Amount Per Serving	%DV
Calories		30
Total Carbohydrate	8 g	3%*
Total Sugars	5 g	†
Includes 4g added sugars		8%*
Elderberry fruit juice concentrate ‡	2 g	†
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium ‡	333 mg	†
Chaga (<i>Inonotus obliquus</i>) mycelium ‡	333 mg	†
Turkey Tail (<i>Trametes versicolor</i>) mycelium ‡	333 mg	†
Elderberry fruit extract ‡	100 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet

† Daily Value not established ‡ Certified Organic

Distributed by
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Certified Organic by
the Washington State
Department of Agriculture.