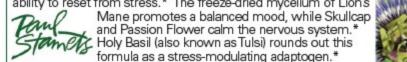


## Settle the Mind & Body\*

Sometimes we all need a little help unwinding at the end of the day. COMPLETE CALM™ supports relaxation and the body's ability to reset from stress.\* The freeze-dried mycelium of Lion's



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to

diagnose, treat, cure or prevent any disease. Suggested Use: Adults take 1 tsp. 1-2 times per day.

which can be mixed into your favorite food or beverage.

Caution: May cause drowsiness. Keep out of reach of children.



Net Wt 3.5 oz (100 a)



Amount per serving: Total Carb. <1g (<1% DV\*)

Lion's Mane (Hericium erinaceus) mycelium + 660mg +, Skullcap (Scutellaria laterifolia) aerial parts \$\pm\$ 600mg \( \text{Holy Basil} \) (Ocimum tenuiflorum) aerial parts \$\pm\$ 600mg \tau\$, Passion flower (Passiflora incarnata) aerial parts \$\pm\$ 450mg \(\text{, California Poppy (Eschscholzia californica)}\) aerial parts‡ 360mg†, Reishi (Ganoderma lucidum s.l.) mycelium‡ 330mg†

\* Percent Daily Values (DV) are based on a 2,000 calorie diet †Daily value not established ‡Certified Organic

Other ingredients: myceliated brown rice‡

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