

**MADE WITH U.S. GROWN
MUSHROOM MYCELIUM**

Directions for use:

As a dietary supplement, take 2 capsules once per day. Can be taken with food or without, on an empty stomach or as recommended by your healthcare advisor. If you have a medical condition, are taking medications, or are pregnant or nursing, consult your healthcare professional before using this product. Keep out of reach of children.

NCBR60 REV B4

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HOST DEFENSE[®] Mushrooms[™]

BREATHE



**HEALTHY
RESPIRATORY
SUPPORT***



**GLUTEN FREE
DIETARY
SUPPLEMENT**
60 Vegetarian Capsules



Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving

Chaga (<i>Inonotus obliquus</i>) mycelium ‡	340 mg†
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium ‡	340 mg†
Cordyceps (<i>Cordyceps militaris</i>) mycelium ‡	340 mg†

†Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice ‡, Pullulan (an extra-cellular polysaccharide)

Grown and distributed by
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Certified Organic by the
Washington State
Department of Agriculture.



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