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MADE WITH U.S. GROWN MUSHROOM MYCELIUM

Directions for use:

As a dietary supplement, take 2 capsules once per day. Can be taken with food or without, on an empty stomach or as recommended by your healthcare advisor. If you have a medical condition, are taking medications, or are pregnant or nursing, consult your healthcare professional before using this product. Keep out of reach of children.

NCBR30 REV B4

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



GLUTEN FREE
DIETARY
SUPPLEMENT
30 Vegetarian Capsules



HOST DEFENSE[®] Mushrooms[™] BREATHE



**HEALTHY
RESPIRATORY
SUPPORT***

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 15

Amount Per Serving

Chaga (<i>Inonotus obliquus</i>) mycelium ‡	340 mg †
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium ‡	340 mg †
Cordyceps (<i>Cordyceps militaris</i>) mycelium ‡	340 mg †

†Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice ‡, Pullulan (an extra-cellular polysaccharide)

Grown and distributed by
**Fungi Perfecti, LLC, PO Box 7634,
Olympia, WA 98507 USA**
Toll Free: 877-504-6926 HOSTDEFENSE.COM

Certified Organic by the
Washington State
Department of Agriculture.

