

Sound Mind, Strong Body' When keeping your body healthy, don't forget your brain. BRAIN & BODY™ includes organic Turmeric and Ginger, used for centuries to support whole body health. \* Reishi ("the mushroom of immortality") supports heart health\* while Lion's Mane mycelium tameta ("the smart mushroom") promotes mental acuity and brain health. \*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to

diagnose, treat, cure or prevent any disease.

Suggested Use: Adults take 1 tsp. 1-2 times per day, which

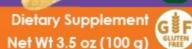




Support for a Sound Mind & Body\*

Lion's Mane • Turmeric • Reishi • Ginger

Dietary Supplement



Supplement Facts Servings: About 33 Serving size: 1 level tsp. (3 g), Amount Per Serving: Calories 10, Total Carb, 2g (<1% DV\*), Vit. D 1mcg (5% DV). Iron .39mg (2% DV)

Lion's Mane (Hericium erinaceus) mycelium# 1.5gf, Turmeric (Curcuma longa) root# 600mcrt. Reishi (Ganoderma lucidum s.l.) mycelium‡ 600mg†, Ginger (Zingiber officinale) root 150mg t. Cinnamon bark 148.5mg t. Black Pepper (Piper nigrum) fruit# 1.5mart\* Percent Daily Values are based on a 2,000 calorie diet

Other ingredients: myceliated brown rice‡

†Daily value not established ‡Certified Organic

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can be mixed into your favorite food or beverage.