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Directions for use:

As a dietary supplement, take 2 capsules once per day. Can be taken with food or on an empty stomach or as recommended by your healthcare advisor.

Keep out of reach of children.

NCBS60 REV A3

If you have a medical condition, are taking medications, or are pregnant or nursing, consult your healthcare professional before using this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

HOST DEFENSE
MYCO
Botanicals™

BLOOD SUGAR

**Made with Organic
Mushroom
Mycelium,
Gymnema
& Cinnamon**



**HELPS TO MAINTAIN
HEALTHY BLOOD SUGAR
LEVELS ALREADY IN THE
NORMAL RANGE***



GLUTEN FREE
DIETARY SUPPLEMENT
60 Vegetarian Capsules

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving

Maitake (<i>Grifola frondosa</i>) mycelium ‡	300 mg†
Gymnema (<i>Gymnema sylvestre</i>) leaf extract ‡	300 mg†
Reishi (<i>Ganoderma lucidum</i> s.l.) mycelium ‡	100 mg†
Chaga (<i>Inonotus obliquus</i>) mycelium ‡	100 mg†
Cinnamon (<i>Cinnamomum cassia</i>) bark extract ‡	100 mg†
Bilberry (<i>Vaccinium myrtillus</i>) leaf extract ‡	100 mg†

†Daily value not established ‡Certified Organic

Other ingredients: dried myceliated brown rice
‡, Pullulan (an extra-cellular polysaccharide),
maltodextrin ‡

Distributed by
**Fungi Perfecti, LLC, PO Box 7634,
Olympia, WA 98507 USA**

Toll Free: 877-504-6926 HOSTDEFENSE.COM

Certified Organic by the Washington State
Department of Agriculture.