



Bone



Heart



Brain



Eye



Overall

CVS Health

Compare to the ingredients in
Centrum[®] Silver[®] Women 50+[†]

spectravite

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

Non-GMO • Gluten Free

Actual Product Sizes on Bottom Panel

100 TABLETS

WOMEN 50+



Calcium and Vitamin D may help maintain strong bones**



Vitamins B6, B12 and Folic Acid may help support heart health**



B-Vitamins and Zinc may help support normal brain function through their roles in carbohydrate metabolism**



Lutein, Zinc and Vitamins A, C and E may help support healthy eyesight**



Essential nutrients important for the body to help fill nutritional gaps**

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as Acetate and 43% Beta Carotene)	1052 mcg 117%	Iron (as Ferrous Fumarate)	8 mg 44%
Vitamin C (as Ascorbic Acid)	100 mg 111%	Phosphorus (as Dicalcium Phosphate)	20 mg 2%
Vitamin D-3 (as Cholecalciferol)	25 mcg 125%	Iodine (as Potassium Iodide)	150 mcg 100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	17.5 mg 117%	Magnesium (as Magnesium Oxide)	100 mg 24%
Vitamin K (as Phytonadione)	50 mcg 42%	Zinc (as Zinc Oxide)	15 mg 136%
Vitamin B-1 (as Thiamine Mononitrate)	1.1 mg 92%	Selenium (as Sodium Selenate)	22 mcg 40%
Vitamin B-2 (Riboflavin)	1.1 mg 85%	Copper (as Cupric Sulfate)	0.5 mg 56%
Niacinamide (Vitamin B-3)	14 mg 88%	Manganese (as Manganese Sulfate)	2.3 mg 100%
Vitamin B-6 (as Pyridoxine HCl)	5 mg 294%	Chromium (as Chromium Picolinate)	52 mcg 149%
Folate	667 mcg DFE 167%	Molybdenum (as Sodium Molybdate)	50 mcg 111%
	400 mcg Folic Acid	Chloride (as Potassium Chloride)	72 mg 3%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 2083%	Potassium (as Potassium Chloride)	80 mg 2%
Biotin	30 mcg 100%	Vanadium (as Sodium Metavanadate)	10 mcg *
Pantothenic Acid (as Calcium Pantothenate)	5 mg 100%	Nickel (as Nickelous Sulfate)	5 mcg *
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	300 mg 23%	Silicon (as Silicon Dioxide)	2 mg *
		Lutein	300 mcg *

Other Ingredients: Microcrystalline Cellulose, Gelatin, Croscarmellose Sodium, Hypromellose, Stearic Acid, Crospovidone, Acacia, Maltodextrin, Starch, Titanium Dioxide, Dicalcium Phosphate, Vegetable Magnesium Stearate, Citric Acid, Mannitol, Sucrose, Triacetin, Mineral Oil, Talc, Polyvinylpyrrolidone, Sodium Lauryl Sulfate, Silica, FD&C Blue #2 Lake, Sodium Ascorbate, Triglycerides, Tocopherols, Glucose, FD&C Red #40 Lake, Sodium Benzoate, Sorbic Acid and BHT.

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CVS Quality
Money Back Guarantee

Directions: Adults – Take one tablet daily with food as a dietary supplement.

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store at 15°- 30°C (59°- 86°F).

DO NOT USE IF PRINTED SEAL UNDER CAP IS BROKEN OR MISSING

*This product is not manufactured or distributed by Pfizer, marketer of Centrum[®] Silver[®] Women 50+.

Actual Size

#689762



**THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.