

DO NOT USE  
IF PRINTED  
SEAL UNDER  
CAP IS  
BROKEN OR  
MISSING



Compare to the ingredients  
in Centrum® Adults\*

# spectravite

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT

Non-GMO • Gluten Free



Metabolism  
Support\*\*



Immune  
Support\*\*



Energy  
Production\*\*



Overall  
Well-Being\*\*

Actual Product Size on Side Panel

365 TABLETS

ADULTS

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving                                        | % Daily Value                       |      |
|-----------------------------------------------------------|-------------------------------------|------|
| Vitamin A (as Acetate and 29% Beta Carotene)              | 1050 mcg                            | 117% |
| Vitamin C (as Ascorbic Acid)                              | 60 mg                               | 67%  |
| Vitamin D (as Cholecalciferol)                            | 25 mcg                              | 125% |
| Vitamin E (as Alpha Tocopherol Acetate)                   | 13.5 mg                             | 90%  |
| Vitamin K (as Phytonadione)                               | 25 mcg                              | 21%  |
| Thiamin (as Thiamine Mononitrate)                         | 1.5 mg                              | 125% |
| Riboflavin                                                | 1.7 mg                              | 131% |
| Niacin (as Niacinamide)                                   | 20 mg                               | 125% |
| Vitamin B6 (as Pyridoxine HCl)                            | 2 mg                                | 118% |
| Folate                                                    | 667 mcg DFE<br>(400 mcg Folic Acid) | 167% |
| Vitamin B12 (as Cyanocobalamin)                           | 6 mcg                               | 250% |
| Biotin                                                    | 30 mcg                              | 100% |
| Pantothenic Acid (as Calcium Pantothenate)                | 10 mg                               | 200% |
| Calcium<br>(as Dicalcium Phosphate and Calcium Carbonate) | 200 mg                              | 15%  |
| Iron (as Ferrous Fumarate)                                | 18 mg                               | 100% |

| Amount Per Serving                  | % Daily Value |      |
|-------------------------------------|---------------|------|
| Phosphorus (as Dicalcium Phosphate) | 20 mg         | 2%   |
| Iodine (as Potassium Iodide)        | 150 mcg       | 100% |
| Magnesium (as Magnesium Oxide)      | 50 mg         | 12%  |
| Zinc (as Zinc Oxide)                | 11 mg         | 100% |
| Selenium (as Sodium Selenate)       | 55 mcg        | 100% |
| Copper (as Cupric Sulfate)          | 0.5 mg        | 56%  |
| Manganese (as Manganese Sulfate)    | 2.3 mg        | 100% |
| Chromium (as Chromium Picolinate)   | 35 mcg        | 100% |
| Molybdenum (as Sodium Molybdate)    | 45 mcg        | 100% |
| Chloride (as Potassium Chloride)    | 72 mg         | 3%   |
| Potassium (as Potassium Chloride)   | 80 mg         | 2%   |
| Nickel (as Nickelous Sulfate)       | 5 mcg         | *    |
| Silicon (as Silicon Dioxide)        | 2 mg          | *    |
| Tin (as Stannous Chloride)          | 10 mcg        | *    |
| Vanadium (as Sodium Metavanadate)   | 10 mcg        | *    |

\*Daily Value not established.

**Other Ingredients:** Stearic Acid, Gelatin, Hypromellose, Microcrystalline Cellulose, Croscarmellose Sodium, Titanium Dioxide, Acacia, Maltodextrin, Starch, Dicalcium Phosphate, Crospovidone, Magnesium Stearate, Talc, Triacetin, Sucrose, Citric Acid, Mineral Oil, Pharmaceutical Glaze, Mannitol, Polyvinylpyrrolidone, Silica, Sodium Lauryl Sulfate, Sodium Ascorbate, Triglycerides, Tocopherols, FD&C Yellow #6 Lake, Sodium Benzoate, Sorbic Acid, Tricalcium Phosphate, BHT and Ascorbyl Palmitate.

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**Directions:** Adults – Take one tablet daily with food as a dietary supplement.  
Keep out of the reach of children. Store at 15°-30°C (59°-86°F).

\*This product is not manufactured or distributed by Pfizer, marketer of Centrum®.

Warning: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

