



Compare to One A Day[®] Essential[®]

One Daily Essential

MULTIVITAMIN/
MINERAL
SUPPLEMENT

100% daily value
of 10 essential
vitamins

Actual Product Size on Side Panel

365 TABLETS

Directions: Adults: One tablet daily, with food.

DO NOT USE IF PRINTED SEAL UNDER

Supplement Facts

Serving Size: One Tablet

	Amount Per Serving	% Daily Value
Vitamin A (17% as beta-carotene)	3000 IU	60%
Vitamin C	60 mg	100%
Vitamin D	400 IU	100%
Vitamin E	30 IU	100%
Thiamin	1.5 mg	100%
Riboflavin	1.7 mg	100%

Ingredients: Calcium Carbonate, Ascorbic Acid, dl-Alpha Tocopheryl Acetate, Gelatin, Niacinamide, Calcium Pantothenate, Dicalcium Phosphate, Calcium Silicate, Microcrystalline Cellulose, Croscopovidone, Dextrin, Stearic Acid, Hypromellose, Pyridoxine Hydrochloride, FD&C Red #40 Aluminum Lake, Riboflavin, Thiamine Mononitrate, Polyethylene Glycol, Vitamin A Acetate, Dextrose, Magnesium Stearate, Titanium Dioxide, Lecithin, Folic Acid, Beta-Carotene, FD&C Yellow #6 Aluminum Lake, FD&C Blue #2 Aluminum Lake, Cholecalciferol, Cyanocobalamin. CONTAINS: SOY

SEAL CAP IS BROKEN OR MISSING

	Amount Per Serving	% Daily Value
Niacin	20 mg	100%
Vitamin B6	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B12	6 mcg	100%
Pantothenic Acid	10 mg	100%
Calcium (elemental)	45 mg	5%

Keep out of reach of children.
Store in a dry place at room
temperature (59°-86°F).

*This product is not manufactured or
distributed by Bayer HealthCare LLC,
distributor of One A Day[®] Essential.

Actual Size



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