

Life's Vitality - Multi-Vitamin Minerals



LIFE'S VITALITY

MULTI-VITAMIN / MINERAL COMPLEX



Supplement Facts

Serving Size: 3 Tablets

Amount Per Serving % Daily Value

Vitamin A (as 67% beta-carotene / 33% palmitate)	4500 mcg	500%
Vitamin C (as ascorbic acid)	500 mg	556%
Vitamin D-3 (as cholecalciferol)	10 mcg	50%
Vitamin E (as d-Alpha tocopheryl acetate)	67 mg	444%
Thiamin (as thiamine mononitrate)	50 mg	4167%
Riboflavin	50 mg	3846%
Niacin (as niacin granular)	10 mg	63%
Vitamin B-6 (as pyridoxine HCl)	50 mg	2941%
Folate (400 mcg folic acid)	670 mcg DFE	167%
Vitamin B-12 (as cyanocobalamin)	100 mcg	4167%
Biotin	100 mcg	333%
Pantothenic Acid (as d-calcium pantothenate)	20 mg	400%
Choline (as choline bitartrate)	30 mg	5%
Calcium (as calcium phosphate / amino acid chelate)	175 mg	13%
Phosphorus (as dicalcium phosphate)	72 mg	6%
Magnesium (as amino acid chelate)	100 mg	24%
Zinc (as amino acid chelate)	15 mg	136%
Selenium (as amino acid chelate)	50 mcg	91%
Copper (as cupric oxide)	0.2 mg	22%
Manganese (as manganese sulfate)	2 mg	87%
Potassium (as potassium citrate)	50 mg	1%
Chromium (as polynicotinate)	50 mcg	143%

Enzyme Complex (Consisting of Cellulase, Bromelain, Papain, Amylase, Trypsin & Lipase)	75 mg	*
Spirulina Algae	500 mg	*
Wheat Grass Powder (aerial plant)	200 mg	*
Safflower (powder)	100 mg	*
Lecithin	75 mg	*
Inositol	75 mg	*
Citrus Bioflavonoids 50% Complex	50 mg	*
Gotu Kola Powder (aerial parts)	50 mg	*
Echinacea purpurea Root Powder	25 mg	*
Green Tea (98% extract) (dried leaves)	25 mg	*
PABA (para-Aminobenzoic Acid)	15 mg	*
Psyllium Husk Powder (hulls)	15 mg	*
Oat 10:1 extract (aerial parts)	15 mg	*
Apple Pectin (<i>Malus domestica</i>) (fruit)	15 mg	*
Chlorophyll (sodium copper chlorophyllin)	15 mg	*
Lactobacillus acidophilus	20 Million CFU †	*
Octacosanol	15 mcg	*
Peat Extract (providing all 72 naturally-occurring trace minerals)	3 mg	*

Kelp (thallus)	210 mcg	*
Boron (as amino acid chelate)	27 mcg	*
42 Fruit & Vegetable Proprietary Blend Consisting of: Blueberry Fruit, Cranberry Fruit, Grape Seed, Strawberry Fruit, Raspberry Fruit, Pomegranate Fruit, Bilberry Fruit, Alfalfa Leaf, Carrot Root, Beet Root, Broccoli (floret & stalk), Acai Fruit (<i>Euterpe oleracea</i>), Chokeberry Fruit, Apple Fruit, Apple Pectin Fruit, Maqui Berry (<i>Aristotelia chilensis</i>), Grape Skin, Black Cherry Fruit, Tomato Fruit, Barley (aerial part), Celery Seed, Chiorella, Black Currant Fruit, Artichoke Leaf, Mango Fruit, Pineapple Fruit, Spirulina, Dandelion Root, Wheat Grass Leaf, Green Tea Leaf, Milk Thistle Seed, <i>Eleutherococcus senticosus</i> Root, Ashitaba Leaf, Bing Cherry Fruit, Elderberry Fruit, Goji Berry (<i>Lycium barbarum</i>), Grapefruit Fruit, Mangosteen Fruit, Spinach Leaf, Tart Cherry Skin, Papaya Fruit, and Asian Pear (<i>Pyrus pyrifolia</i>).	315 mg	*

* Daily Value not established.

Other ingredients: Vegetable stearic acid, pharmaceutical glaze, vegetable magnesium stearate, croscarmellose sodium and microcrystalline cellulose.

ALLERGEN WARNING: CONTAINS SOY (LECITHIN).

†Activity level at time of manufacture.

Non-GMO Formula!

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

SUGGESTED USE: 3 tablets taken daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. This product should be consumed with at least a full glass of liquid. Consuming this product without enough liquid may cause choking. Do not consume this product if you have difficulty in swallowing.

Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

NOTICE: Most people should not experience "Niacin skin flush" when using this product. However a few sensitive individuals may experience some flushing. Do not take on an empty stomach.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.