

BODY FORTRESS® KNOWS THAT ACTIONS SPEAK LOUDER THAN WORDS. THAT'S WHY WE DON'T WASTE YOUR TIME WITH GIMMICKY PRE-WORKOUT SUPPLEMENTS PROMISING UNREALISTIC RESULTS. SUPER ADVANCED NOS BLAST CONTAINS POWERFUL DOSAGES OF KEY INGREDIENTS DESIGNED TO HELP DELIVER ENHANCED FOCUS, INCREASED STRENGTH, AND EXPLOSIVE ENERGY DURING YOUR WORKOUT.* THERE'S NO ROOM FOR NONSENSE WHEN YOU TRAIN WITH SUPER ADVANCED NOS BLAST, BECAUSE EVERY WORKOUT DESERVES YOUR BEST PERFORMANCE.



CAFFEINE TO ENHANCE ENERGY & MENTAL FOCUS*



CREATINE TO MAXIMIZE STRENGTH & POWER*



STRENGTH ATP MATRIX TO IMPROVE RECOVERY*



CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

Directions: For adults, mix one (1) to two (2) scoops with 10-12 fluid ounces of water and consume prior to your workout. Vary the amount of water to achieve your desired flavor and sweetness level. Take this product with an adequate daily fluid intake for hydration. As a reminder, discuss the supplements and medications you take with your health care providers.

Begin with half the recommended dosage to assess individual tolerance and gradually increase to 2 scoops after several workouts. Do not take more than 2 scoops in a 24-hour period.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease. Beta-alanine may cause a temporary tingling sensation, which is a normal reaction. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18 or for those sensitive to caffeine.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.



Natural Alternatives International (NAI) is the owner of the patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.



GLUTEN FREE

BODY X FORTRESS®

YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.



Manufactured according to cGMP standards, as required for all dietary supplements.

NEW!

BODY X FORTRESS®

SUPER ADVANCED

NOS BLAST

PRE-WORKOUT AMPLIFIER

CREATINE

L-ARGININE

L-CITRULLINE

BETA-ALANINE

35

SERVINGS

FRUIT PUNCH
Naturally and Artificially Flavored



ENHANCE ENERGY & MENTAL FOCUS*



MAXIMIZE STRENGTH & POWER*



INCREASE REPS DURING TRAINING*

DIETARY SUPPLEMENT/ NET WT. 1 lb. (16 oz.) (454 g)

Supplement Facts

Serving Size	1 Scoop (13 g)	2 Scoops (26g)
Servings Per Container	about 35	about 17
Amount Per Serving	%Daily Value	%Daily Value
Calories	45	90
Total Carbohydrate	3 g	5 g
Total Sugars	<1 g	1 g
Includes Added Sugars	<1 g	1 g
Vitamin B-6 (as Pyridoxine Hydrochloride)	24 mg	48 mg
Folate (420 mcg folic acid)	700 mcg DFE	1,400 mcg DFE
Vitamin B-12 (as Cyanocobalamin)	140 mcg	280 mcg
Choline (as Choline Bitartrate)	150 mg	300 mg
Strength-ATP Matrix	4.15 g (4,150 mg)	8.3 g (8,300 mg)
Creatine Blend (Creatine Monohydrate, Creatine Hydrochloride)	2.55 g	5.1 g
Beta-alanine (as CarnoSyn®)	1.6 g	3.2 g
Nitro-Dilate Complex	2.25 g (2,250 mg)	4.5 g (4,500 mg)
L-Arginine	1.5 g	3 g
L-Citrulline Malate	750 mg	1.5 g
Neuro-Max Blend	1.15 g (1,150 mg)	2.3 g (2,300 mg)
Taurine	1 g	2 g
Caffeine Anhydrous	150 mg	300 mg

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

OTHER INGREDIENTS: Maltodextrin, Citric Acid, Natural and Artificial Flavors, Beet Juice Color. Contains <2% of: Silica, Sucralose.

Please note: Crystalline Taurine will appear as small crystals within the powder.

Contents are sold by weight. Some settling may occur.

This product contains caffeine. Avoid additional consumption of caffeine, which may cause adverse effects.

FREE OF: wheat, milk or milk derivatives, lactose, soy.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Carefully Manufactured for
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